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Budget cuts sting

UVic reconsiders budget funding after surprise $4.2 million shortfall

Scott Daly

A last minute $4.2 million budget cut by the provincial government has left university administrators scrambling to develop a plan to overcome the shortfall.

UVic was informed on March 12 that its budget for the fiscal year, starting April 1, would be reduced to two per cent below its original proposed funding level.

While the university is still receiving a $6.1 million increase in funding over last year, it is $4.2 million less than what the government had originally promised and what the university had budgeted for.

All UVic faculties have been directed to draw up proposals to reduce their budgets by an average of two per cent.

UVic's Vice President Academic and Provost, Jamie Cassels said that while the specific impacts of the cuts are not yet known, it will undoubtedly have wide-ranging consequences.

JOSH SZCZEPANOWSKI PHOTO

Budget cuts mean that trade schools will get more funding, but UVic may be forced to reduce programs.

"Hopefully, we won't be closing down any programs, but it will mean fewer faculty positions, sessional instructors, TAs and less funding for support services," Cassels said.

With nearly 80 per cent of UVic's operating budget going toward the salaries paid to its 3,800 employees, it is expected that most of the reductions will be met through selectively not filling positions left vacant through attrition.

This will likely mean up to 30 fewer tenure and tenure-track faculty positions in addition to fewer TAs and other support staff.

Despite the decrease in funding, the Board of Governors has approved the original 2008/2009 budget with the $4.2 million shortfall.

The university expects that it will be able to absorb the one-time shock without incurring a deficit.

With an operating budget of over $250 million, UVic expects to have enough money on hand at any one time to cover all of its costs this year.

However, the university will have to find $4.2 million worth of spending reductions by next year's budget.

UVic's funding reduction is part of a general two per cent decrease to all post-secondary institutions in the province.

Murray Coell, the Minister of Advanced Education, has responded to criticism of the cuts by saying that overall operating funding to B.C. post-secondary institutions are still increasing by over $68 million this year.

"What we're doing is redirecting funds into areas that are needed by B.C. as a whole: nursing, trades and skills and aboriginal learners," Coell said in a statement.

Proposals from faculty deans and other administrators to find these savings are due to be presented to the Board of Governors in June.

Cures for the job searching blues

Cody Willett

Finding a summer job this late in the season can be one daunting task. Not only are you scavenging for the opportunities left after keeners began picking out jobs last winter, but now high schoolers are in on the hunt as well.

While competition might make the task seem useless, the harsh realities of tuition costs, loan repayments and the steady creep of jaundice from a diet primarily consisting of Kraft Dinner makes the search imperative.

All hope is not lost — there are resources abound to help you woo someone into paying you for your precious summer time.

According to Linda Dragert, Recruitment Coordinator at UVic Career Services, it's never too late to start looking for summer work.

"They say that only 10 to 20 per cent of jobs are advertised," she said. And because the competition and screening processes for online postings is intense, "networking with friends and family is a great way to connect to the hidden job market."

But not all of us have the connections to score an easy interview. That's when enlisting some professional help makes sense.

UVic Career Services offers individual consultations with career educators, access to online job search tools and helpful workshops among other services.

If you're not a student, Spectrum Job Search (on the corner of Douglas and Johnson) can offer you many of the same services for free.

There you can use computers, printers, photocopiers and fax machines to spread the good word about your credentials while you're pounding the pavement downtown. They've also got a variety of postings on constantly updated job boards and binders for your seeking purposes.

When your résumé seems solid, prospecting through the online postings can be a great way to start, including traditional headhunting websites like monster.ca, workopolis.com and working.com.

The post-and-wait approach isn't very proactive, though, so be sure to check out the classifieds on craigslist.ca, kijiji.ca, salescene.com and usedvictoria.com.

For those who want to work in the political heartbeat of B.C.'s capital, civicjobs.ca, employment.gov.bc.ca and jobbank.gc.ca list many government opportunities.

Mining the careerservices.uvic.ca and spectrumjobsearch.com links sections will get you aggregate caches of the best search tools, and postings you wouldn't stumble upon out on the streets.

If you've been searching for weeks with no results, it's probably not them; it's you.

While you could be supremely qualified for a sweet gig, you might not be selling yourself effectively. That solid résumé and stunning cover letter you put together could be leaving employers wondering what makes you special.

"Employers want to know: can you do the job, and what are you like to work with?" said Dragert, stressing that the answers to these questions come first and foremost from your résumé. "The key is to link who you are to what the employer wants and needs."

The moral of the story: applying to various jobs without tailoring your résumé to each specific company won't get you very far.

It's easy to assume your cover letter and résumé is fabulous, especially when it got you your last job. But your last job isn't your next, so become open to handcrafting it for each new position you set your sights on.

While there is no one "correct" way to put together a résumé, when in doubt, seek assistance — it could mean the difference in scoring that interview or not.

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Services will help you score work

If you are getting the interviews but never the calls back, you might want to tune up your interviewing skills.

Research some common questions and memorize killer answers. Ask a friend to help you out so that you know you won't mumble and stumble your way through the tough ones.

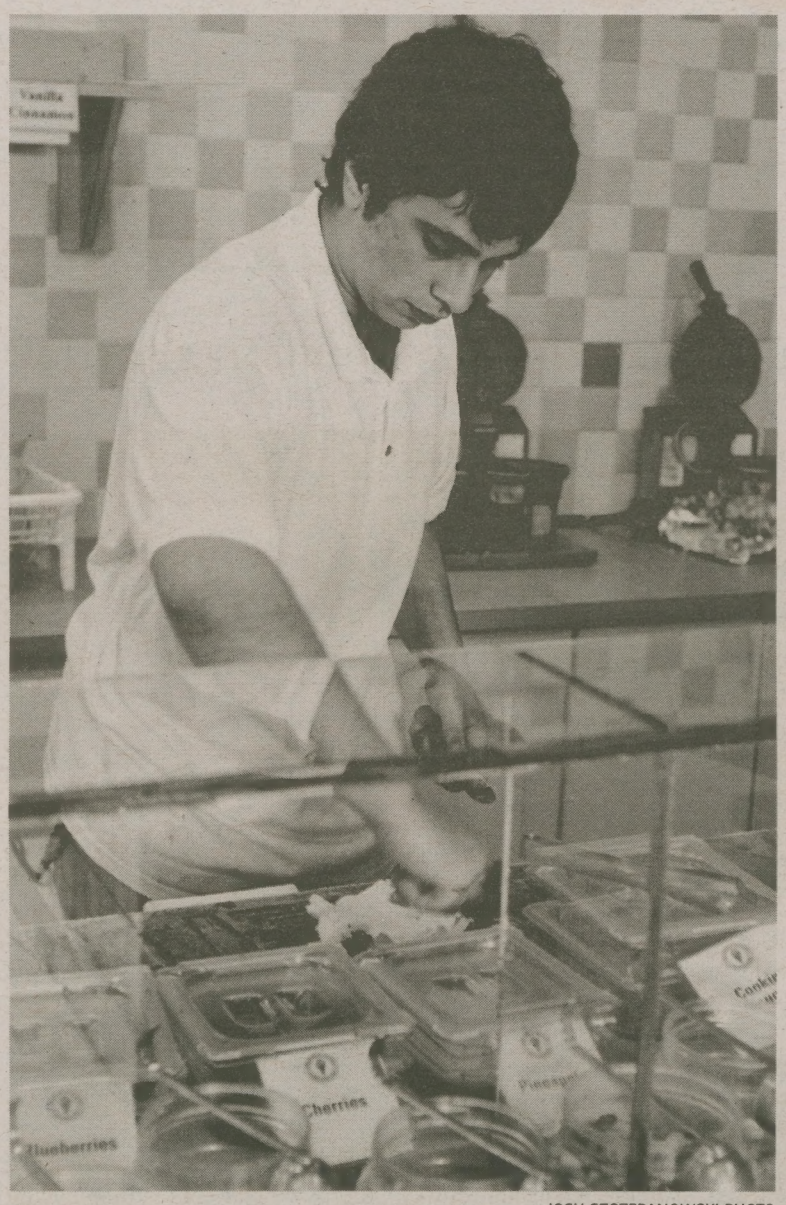
You can also attend workshops at UVic Career Services or Spectrum Job Search to practice your interviewing techniques. It might pay dividends — after all, isn't that what the whole process is all about?

Happy hunting.

PREP WORK

Here are a few common interview questions to help you prepare, courtesy of UVic Career Services.

1. Why did you apply here?
2. What do you know about us?
3. Have you ever done this kind of work before?
4. What are your greatest strengths?
5. What are your weaknesses?
6. If you had to choose three words to describe your supervisory style, what words would you choose?
7. Tell us about a time when you experienced conflict with a co-worker. How did you handle it?
8. Tell us about a time when you had to use good judgement under pressure. How did you handle the situation?



JOSH SZCZEPANOWSKI PHOTO

Working might not be a glamourous way to spend your summer, but paying the rent or saving up for that road trip makes the hunt worthwhile.

This month in Martlet history

Stories from the Martlet archives

June 21, 1984 — UVic's work-study program suffered cuts due to an 80 per cent decrease in government funding, from $220,000 to $38,000. Despite the cuts, the program continued after UVic's Board of Governors allocated $100,000 to the program and two CUPE locals on campus volunteered to contribute another $27,000. The wage for work-study jobs dropped from $6 to $5 per hour. The number of job positions available was slashed. The number of hours of work per term also decreased, from 75 to 60. The summer work term was eliminated all together.

June 27, 1991 — UVic's Board of Governors passed a proposal that increased tuition for UVic students by approximately 30 per cent over three years. The increase brought tuition up to $1,770 for full-time students, making UVic the sixth most expensive university in Canada. President Dr. David Strong said the increase was necessary to bring UVic up to the cost standards of other B.C. universities.

"We really have no choice," said Strong. Two per cent of the increase (approximately $340,000) was used for student aid.

June 24, 1999 — The UVic Sustainability Project (UVSP) was founded by UVic students, Lyndsay Cole and Alex Blais.

The pair created the group in an attempt to develop a sustainable development policy for the university.

Cole and Blais identified 10 areas in the campus-wide assessment, including everything from energy use to environmental content in courses.

The new group hoped to complete the UVic assessment by April 2000, so recommendations could be used to draft a policy for presentation to the senate.

Finding the light

Seasonal Affective Disorder common in students

David Karp

With summer finally here, almost everyone is enjoying the sunshine. But people with Seasonal Affective Disorder relish it even more.

Two years ago, second-year UVic English student, Melissa Teixeira was diagnosed with Seasonal Affective Disorder — often called SAD. For years she felt depessed, but medications weren't helping much.

"I kept coming in year after year around the same time just feeling awful," Teixeira said. "I would feel really sluggish or in a horribly grumpy mood for no reason. I was on a lot of different anti-depressants and that wasn't really helping."

Teixeira's doctor finally suggested she might have Seasonal Affective Disorder — a type of depression that's very similar to major depression, but tends to be linked with the weather or the time of year.

Sarah Hamid-Balma, communications director for the B.C. division of the Canadian Mental Health Association said that the results can vary case by case.

"For most people, [SAD] starts to rear its head in the fall and then clears up in the springtime," said Hamid-Balma. "But a small minority of people do get it in the summer."

Hamid-Balma estimates that approximately two per cent of Canadians experience SAD during their lifetime. University students are four times more likely to be diagnosed with the disorder. A survey by the American College Health Association of almost 95,000 students found that eight per cent have had Seasonal Affective Disorder.

SAD has only been a recognized disorder since the early '80s. Teixeira had never heard of the condition until her doctor diagnosed her.

"When I first found out I had SAD, I thought it was the silliest thing I'd ever heard of. Everyone gets grumpy when it's raining or when it's gross out," she said. "I didn't really take it very seriously at first, and it took a while for my mom to convince me to go to treatments."

Treatments for Seasonal Affective Disorder involve light therapy. Patients sit in a room with a special kind of light for a prescribed length of time. But there can be side-effects if it's not done properly.

JOSH SZCZEPANOWSKI PHOTO

Many enjoy the sun, but some students base their moods on it.

"You have to be careful — you don't want to just take any light off a grocery shelf," said Hamid-Balma. "It has to be certain kinds of rays. There can be side-effects too, so it has to be monitored by a physician and used for an appropriate length of time."

Side-effects can include eye strains, headaches and negative interactions with some medicines. Teixeira said she experienced headaches during her first few light treatments, but they disappeared as the treatments progressed.

Lifestyle changes, such as more exercise and a healthier diet, can also help. But while treatment is fairly simple, SAD can be serious if not properly treated.

"SAD is not any less at risk for suicidal thoughts than any other kinds of depression," said Hamid-Balma. The disorder can also impact appetite, energy and sleep.

"I didn't want to do anything or be around anyone," recalled Teixeira. "I just wanted to go to bed and take the whole week off."

Hamid-Balma noted that about 15 per cent of Canadians also have winter blues, a milder form of SAD.

For Teixeira, undergoing light treatment has allowed her to stop taking anti-depressants. This summer, she'll be enjoying the sun.

"Last week was awesome when it was super sunny," she said. "I think everyone gets that when it's sunny and nice out, but my entire mood for the day will change."

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ISLAND NEWS

CUP PHOTO

Mik Mann's Alberni Valley ranch, Opus Pharms, is the first of its kind in Canada: a legal cannabis grow-op.

It's about high time

Andrew Brown
THE NAVIGATOR (MALASPINA UNIVERSITY-COLLEGE)

NANAIMO (CUP) — Nestled in the Alberni Valley, in an average home, lies Canada's first legal cannabis grow operation — and it's open for public tours.

Mik Mann is the first Canadian to legally grow cannabis. Opus Pharms, his small ranch of sorts, produces fine medical marijuana in accordance with Canadian law. Mann's exemptee card allows him to grow 35 plants.

There are no tell-tale signs of what is going on inside Mann's house. There is no smell of pot, nor the obvious scent of an ozone generator masking the skunky smell, but three obvious numbers are etched into his walkway — 4:20.

Enter the house, and you'll be greeted warmly at the door by a man who looks a little like Carlos Santana. He'll bring you in and downstairs to the operation. Even directly beside the actual grow room you'll find little odour.

There are three main sections to Mann's continuous supply system: the vegetation room, the flowering room and the drying room. All are equipped with ventilation systems attached to charcoal filters to remove odour.

The vegetation room is where the plants are brought from seedling or cutting (clone) to maturity. The plants produce little smell at this stage, and are generally put into flowering when they are between 12 and 18 inches high. The light is on an 18-hours light and six-hours dark cycle — the ideal source of light during vegging is from metal halide high-intensity (HID) lamps.

The flowering room is equipped with three 1,000-watt and one 400-watt high-pressure sodium lamps. The lamps are on a 12/12 light/dark cycle during the flowering stage, to promote budding.

Cannabis is divided into three main sub-varieties: Cannabis Indica, which has its origins in the middle-east and is typically the variety used to make hashish; Cannabis Sativa, which originally grew in Africa and South America, and is typically a tall plant used for hemp fibre; and Cannabis Ruderalis, a squat Russian plant whose flowering period is initiated with age rather than length of photo period.

Mann suffers from spinal arthritis, so he endures a great deal of discomfort. Cannabis is the medicine that he has found works best for his condition. He prefers the relaxing body effect provided by the Indica, as opposed to the more cerebral effect of the Sativa. He says that the Sativa breaks his concentration, and makes him confused to the point of forgetting what he is doing.

He is currently growing three strains: Sticky Bud, V.I. Burmese and Shishkaberry crossed with Sour Bubble. He actually entered his Sticky Bud strain into the 2003 Toker's Bowl in Vancouver, and placed ninth. Marijuana has achieved a following in some circles comparable to that of wine connoisseurs, sampling the varieties available.

Growers are able to select from a large gene pool of seeds from a growing industry of seed breeders throughout the world. They're available online and even in storefronts in some large cities. Because of this, medical users are able to select from a long list of strains, each with their own specific attributes that aid different ailments, and purchase their medicine from compassion clubs in any number of cities.

Mann is also dedicated to supporting the cannabis community. Even after achieving exemptee status, he continues to be a strong voice against the prohibition of cannabis. He has a show on the Pot T.V. website, attends pro-pot events regularly and directly challenges prohibition by openly offering tours of his garden.

However, Mann will be moving his operation from Port Alberni to Vancouver, setting up above the Cannabis Culture Headquarters on West Hastings Street, in the epicentre of "Vansterdam."

For Mann, this means his garden will gain a higher profile, with more people able to see it.

Singing girl makes fans

Cody Willett

PROVIDED PHOTO

Lindsay Dube still belts out her iTunes, even after enduring threats from one Facebook group.

Last semester UVic students were serenaded by the unabashed vocal stylings of Lindsay Dube, otherwise known as "the singing girl at UVic." Now followers of this chanteuse have a way to show their support: join her Facebook fan club.

Dube, who originally hails from the Yukon and will start her secondary education program in July, was undeterred from belting out her favourite tunes on campus in between classes, despite being threatened with a punch in the throat should 15,000 students join the Facebook group dedicated to rallying support for a voice-box assault.

On the fan club group's discussion board, Dube expounds on her reasons for rocking out her iPod tunes, writing: "It's about who I am. It's not even about making a point, although it seems to have become that... I [sing] because I think [it] makes people think, and maybe just makes people a little less afraid to be themselves, which is all I am trying to do."

While the throat punch-advocating Facebook group was shut down for its potential to incite violence after two students lodged a complaint to Campus Security, another group supporting Dube popped up right away.

The fan club affirms that having the courage to brighten up an otherwise normal day by singing your favourite song aloud is something to be proud of, not something to be ridiculed for.

Alex Lluis Gonzalez, who created the Facebook group without Dube's prompting, said she was sure that there were loads of other people out there who "liked the girl who randomly sang her heart out, didn't give a crap about what others thought and actually had an amazing voice."

The fan club currently boasts 112 members, variously professing their adoration of Dube on the group wall. In respect to the publicity she's generated, Dube downplays its meaning.

"I don't know how I feel about the attention," said the singer. "[It's] awkward I guess. I just sing. I just try to go through life and give as much of myself as I can without letting anyone tell me what I can and can't do... Maybe we should have a UVic students singing day. Now that would be amazing."

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Opinions

EDITORIAL

Students can't afford to live

Getting a summer job might not be the most fun way to spend your break, but now even those who want one will have a harder time landing a gig.

It might not be our fault — the economic slow down in the States means fewer tourists, which for us (especially in Victoria) means fewer jobs. But that knowledge doesn't make the situation any easier to bare.

Then there are the other factors to consider: gas prices have sky-rocketed, traveling is more expensive and ultimately, the cost of living is too. But this isn't news.

As students we've been shackled with more debt then ever before: higher tuition, higher rent and higher food costs — but our wages are still the same.

The minimum wage in B.C. is $8 an hour — it has been since 2001. When you consider inflation over the past seven years, it just doesn't make sense. By the time the average undergraduate finishes a degree, he or she is $50,000 in debt, four years short of time and that much more "outdated" in terms of the newest requirements.

These factors make us examine the value of university. If you get a degree to get a job, but your job can't even pay your rent, it gets hard to justify the effort. More importantly, it's getting hard to afford the effort.

But with undergraduate degrees acting as essential keys to unlocking the job world, we aren't left with many choices. Everyone needs them, we just don't all get to use them. At the rate things are going, PhDs will be the new bachelors — oh wait, they already are.

Meanwhile, those looking to fund their education are left in the familiar choke-hold of not getting a job because they don't have one — not something a person can sustain forever, especially in school.

If we can't eat right, we can't think right. It shouldn't have to come down to deciding between books and dinner. Important resources like the UVic food bank, or Access UVic have also been shouldering their fair share of financial strain.

Recent budget cuts could mean cutbacks in a variety of clubs and programs essential to students. And when you consider the price and anxiety taking a load of classes can cause, doing all that while being an in-need student short of food or services only adds unnecessary work to the challenge.

We know people aren't trying to thwart us. UVic wants us to get degrees; the government wants us to get degrees. But do they have to throw in so many cement roadblocks?

We could take a lesson from some of the other provinces, like Alta., whose minimum wage has been on a constant incline, jumping from $7 last year to $8 last Sept., then $8.40 this April. We could even snoop around Ont.'s plan to increase minimum wages from the current $8.75 to $10.25 in March of 2010.

We may not be the cheapest province in the country (that honour currently goes to N.B.'s wage of $7.75), but no other province has waited so long to update their wage rates. And while $8 an hour isn't great, B.C. is moping behind even further for inexperienced workers, at $6 an hour.

Sure, the age-old battle remains: if wages increase, so do prices. But while this may be the case, the prices are going up (like it or not) and students are being left far behind.

It's time to step it up. If we want to give this province's new grads a fighting chance, change is necessary — and not just the "can you spare any" kind.

Editorial topics and stances are decided on by staff at our regular editorial meetings in the Martlet office (SUB B011). Subscribe to our e-mail list or contact edit@martlet.ca for our summer meeting times. Editorials are written by one or more staff members and are not necessarily the opinion of all staff members.

EDITORIAL CARTOON

SUMMER DREAMING...
WELCOME TO SUNTANNING 101, YOU MAY BEGIN YOUR SUNBLOCK APPLICATION!
WOOHOO!
BUT IN REALITY...
YOUR MIDTERM FOR PHYSICS 435 WILL BEGIN IN 5 MINUTES.
ZJP

JENNIFER ZHOU GRAPHIC

Nuclear safety teeters on edge

Tim Lindsay

Gary Lunn made a dangerous move when he fired Canada's head of nuclear safety.

Many know that Lunn, a UVic grad and Conservative MP for Saanich-Gulf islands, is an ardent supporter of the expansion of controversial energy sources. He wants to see more coal, more oil and gas, and more nuclear power. As minister of Natural Resources, Lunn promotes Canada's energy resources around the world.

The Canadian Nuclear Safety Commission, however, is not charged with promoting the expansion of nuclear power, even though it reports to parliament through Lunn's ministry.

As a signatory to the international convention on nuclear safety, Canada is supposed to take "appropriate steps to ensure an effective separation between the functions of the regulatory body and those of any other body or organisation concerned with promotion or utilization of nuclear energy."

By firing the head of the nuclear safety commission, Lunn has undermined its role as an independent, science-based regulator of the nuclear industry.

Lunn blames the fired president of the nuclear safety commission, Linda Keen, for nearly causing a shortage of medically important nuclear material. Keen rejects that and has welcomed public scrutiny of her job performance. The story centres on the safety of an old 1957 nuclear reactor in Ontario. The 50-year-old reactor was supposed to be replaced in 2005. Due to setbacks, the operator applied for a license to continue operating the reactor until 2012.

The nuclear safety commission noted that the design of the old nuclear reactor in question fell "below current standards and practices."

The commission ultimately approved the license in the summer of 2006 as a result of "recently completed safety upgrades" to the nuclear reactor.

The design of the reactor required that coolant constantly be pumped into the reactor to keep it from overheating. An important upgrade was to connect two pumps to an emergency power supply, so that in the event of a power failure the coolant would still be pumped.

Over a year later, in Nov. 2007, commission inspectors discovered that the two pumps had not in fact been connected to the emergency power supply. The commission confirmed these facts with the operator, letting them know that it was a reportable license violation and requesting that they conduct an assessment to ensure the operation was safe.

On Nov. 16, the operator first concluded that the reactor was reasonably safe without the emergency power system, but on Nov. 22nd told the commission they were going to keep the reactor shut down in order to investigate the matter further.

On Dec. 7, the operator decided to request an amendment to the license for the reactor to run with just one of the two pumps attached to the emergency power supply. They told the commission they could provide the required safety analysis by Dec. 13, in time for an expedited license amendment hearing. According to the regulator, on Dec. 8 Lunn demanded that they convene a hearing and approve a license, without a completed safety analysis.

On Dec. 11, at 11am, a legally binding government directive was issued requiring the commission to take into account "the health of Canadians who, for medical purposes, depend on nuclear substances." A few hours later, new legislation was rushed through the House of Commons and Senate approving the start-up of the reactor without a license.

Lunn subsequently told Keen he planned to recommend her dismissal for failing to approve, without a safety analysis, a license to operate the nuclear reactor.

He says Keen ignored the Dec. 11 directive, even though she only had a few hours to consider how the new directive would change the licensing process.

Canada's nuclear regulators will now think twice before making decisions based on scientific and legal expertise. Instead, thanks to Lunn, they will pander to the ideologies of central government for fear of being fired.

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Bigger UVic gives reason to shudder

Spencer Anderson

My friend recently remarked to me how depressing Simon Fraser University could be — she called it a concrete jungle.

"It's like the architects got together and decided to build everything humanly possible out of concrete," she said.

Reportedly, SFU has a higher suicide rate among its undergraduate students than any other university in B.C. Maybe a few trees wouldn't hurt?

Conversation turned to UBC, or as I like to call it, the behemoth. We agreed that UBC was aesthetically more appealing than SFU, but still impersonal on account of its size.

It's a bit like being the adolescent ant at a grown-up-ant-only dance party, on the biggest ant hill in Suffolk, which I'm told is a very impersonal place.

Imagine the learning environment if SFU and UBC were to merge: a vast, concrete network of buildings with the skeletons of lost students lying around. It would be the kind of place Batman would patrol. Frank Miller Batman, mind you.

Myself, I prefer the Adam West kind of campus, or good old UVic. My friends have said that of the three (UBC, SFU and UVic), UVic is by far the most accessible, scenic and friendly. They may not be right for too much longer.

The powers that be have decided UVic needs to be bigger and better, presumably so they can get more funding. Buildings are going up faster than gas prices, and at this rate in a few years UVic won't be the friendly little campus many have come to know. I once thought that my own children might opt for the unpretentious UVic experience in 20 or so years. What a dweeb.

While I am excited for the future generations of students, I can't help but feel a pang of bittersweet loss as UVic keeps expanding into something many deliberately avoid: a crowded, pretentious, commuter's nightmare, housing professors with names like "Chad." OK, so that might be a few years away, but it's like watching a friend turn into a jerk.

It would be a great comfort to me to know that David Turpin heads a secret committee of cloaked rebels who sit around and deliberate the expanding area of UVic. At least then I could tell myself there's an overarching authority in charge of making sure UVic doesn't spread like a bad rash across the island.

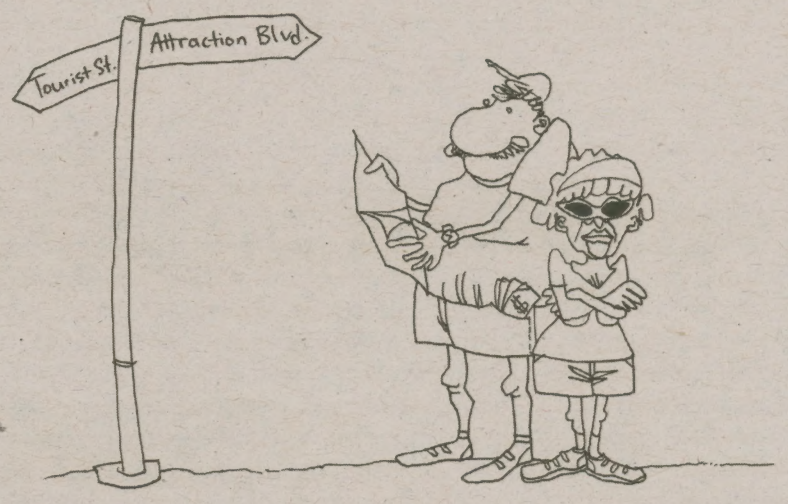
"Geeez, maybe we should, I dunno... slow down?"

"Yeah, I mean we just annexed Saanich, you know. Maybe we should stop at Camosun."

We should be proud to be a small university. Bigger isn't always better, as many of my friends from UBC will attest to. Let's call it quits after the indoor aquarium.

Surviving tourism takes skill

Trisha Gieni



JENNIFER ZHOU GRAPHIC

You've seen their looks of distress as they squint at street signs. They're holding maps as far from their faces as their arms will allow; they turn the flimsy paper clockwise, then turn it again.

The directional instructions don't seem to be helping. They look up in desperation as you pass, their face crying: "please tell me you live here!"

Yes, they are our friends the tourists and they are here to stay, at least for the summer.

As locals, we might cope with the over-crowding of our streets and the busyness of our favourite hangouts with a deep bitterness to those invading our peace, but we can't forget they are also the ones supplying us with summer jobs.

Here are seven tips to get you through the season we call tourism, er, summer.

7. Have a better attitude

Stop swearing under your breath as you stomp purposefully behind someone who clearly is doing the opposite.

Remember that you represent our city. It will be better for your own sanity to just relax.

6. Give yourself more time

Yes, it's annoying when your alarm is buzzing a whole 10 minutes earlier, but travel times will just be longer. If you give yourself the right amount of time to get somewhere, you'll be less stressed and less irritated with seasonal visitors.

5. Learn about the city

Know where popular destinations are, or at least how to get to the bus depot (Douglas and Belleville) and the visitor centre (Warf and Government). Be the helpful local they talk about to their friends back home.

4. Avoid Government Street

You will have reasons to visit this little centre of congestion, but whatever it is, it isn't worth it. There are other restaurants and other stores, which are probably much cheaper, even if they're only a couple of blocks away.

3. Do touristy things

You'll probably have a visitor this summer who will want you to take them around and show them your city. Whether friends or family, your visitors will want to see more than your house. While we all think that they will want to go to our hidden gems (which may be true), there is a real possibility that they will want to visit our landmarks and famous worth seeing and which are best avoided. Skip the overpriced high tea at the Empress, but take the time to go whale watching.

2. Explore your neighbourhood

There are days when you won't be able to face downtown, so make sure that you know of other restaurants to eat at and beaches where you can swim. You may even discover that your new favourite place is only a short walk from your doorstep.

1. Embrace the tourist season

Brave the crowds and go down to the Inner Harbour in front of the Empress to listen to the live entertainment on sunny days. Take a ride on the double decker buses and learn something about your city. Go to the outdoor festivals, like Jazz Fest (June 20-29). Victoria is a fun place to be in the summer, so get rid of that negative attitude and enjoy your city.

MELODRAMATIC MUSINGS

Frightened fowl can make for some exciting adventures

Will Johnson

I hung out with a two-year-old the other day.

My friend Danielle came to visit with her daughter, Abby. In the midst of studying for my exams (translation: watching TV shows on the Internet and wasting time on Facebook) they stopped by.

Abby tromped into my apartment in her bright lime green raincoat and informed me that she would be two in May, and thrust her baby carrot fingers in my face. Then she marched into the living room in search of further entertainment.

Pizza boxes, empty beer bottles, piles of week-old dishes. I rushed around, making sure anything dangerous was out of her reach. My roommate tried to teach her how to play Wii, but Abby didn't quite have the co-ordination or the attention span. Playing fake tennis was not as interesting as crawling around on the floor and searching under the couch. What were we going to do? What do almost-two-year-olds do for fun? All kinds of ideas were thrown around — Victoria Bug Zoo, the museum, the petting zoo, whale watching ... the list goes on.

As we went through the options, it occurred to me that I've lived in Victoria for eight months and I have done none of these things. There are parts of Victoria I'm very familiar with — Felicita's, Element, Red Jacket — followed the next morning with Shine, Floyd's, The Blue Fox. I know my bus routes, I can find my way around campus, I can get to work. But how have I missed all these other attractions? We headed to Beacon Hill Park, where Abby entertained herself for half an hour by chasing the frightened fowl around screaming "duckies, duckies, duckies" at the top of her little lungs.

We took pictures in the playground, we climbed a tree and walked down to the beach to watch kiteboarders. It was a gorgeous day. I couldn't help but wonder what I would be doing otherwise. Undoubtedly, it would have been some combination of lazing around in my boxer shorts, absent-mindedly fiddling on my Mac and perhaps failing to convince myself to do some laundry or dishes.

Later, we went to Boston Pizza, where the waitress blubbered and fussed over Abby. She was provided with a booster seat, a cup of crayons and a paper to scribble on. While Danielle cut her daughter's pizza into tiny mushed pieces, Abby contentedly ignored the lines and obliterated her page with a noisy mess of brown, green and red.

As a university student, the type of people I see from day to day is pretty limited. Other than the couple of hours I spend teaching swimming lessons, I rarely spend any time with anyone under the age of 18.

I don't go to church anymore, which was the only time I ever hung out with anyone over the age of 50.

With my family on the mainland, it seems like 98 per cent of my time is spent with people my age, living the same life I am.

As I strapped Abby into her Ladybug car seat and waved goodbye, I was a little sad to see her go. It's nice to be reminded, now and then, that there's more to life than we sometimes give it credit for.

Happy? Sad? Enraged?
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TRAVEL TIPS

JOSH SZCZEPANOWSKI

Whether flying economy or business, there are some simple tricks to scoring the best deals on your airline tickets. Avoiding direct-route flights, for example, can save you bundles.

Airfare doesn't have to break the bank

Getting there might be half the excitement, but with these tips you can do it without draining your travel fund

Jennifer Gait

The term cheap airfare isn't exactly an oxymoron, but there are some tricks to finding low-priced tickets.

On any flight, people sitting next to one another may have paid vastly different prices depending on when and where they bought their ticket. Airlines have competing goals: to fill their planes, and to get maximum revenue for the tickets.

Prices change daily according to how well they are meeting the first goal.

Your goal, however, is to find the flight that will get you where you want to go at the time you want to be there, at the price best for you. Here are some tips to help you achieve just that.

Watch the timing

This is important regarding both when you buy and when you travel. Tickets are generally cheaper if you buy them a month or more before your departure.

You can get bargains on last-minute flights, but don't count on it. Traveling in unpopular times will also save you money— take a holiday out of season, fly midweek, or leave late at night or early in the morning to get the best deals.

Don't take a direct route

Non-stop flights are generally more expensive than those with at least one stop, though the price is not always cheaper as the number of stops increase.

Also, because smaller airports have lower fees than larger ones, you can often reduce the taxes and fees component of the ticket by flying from or into a small airport. Just be sure to check the ease of getting to or from that airport.

Use other forms of transportation

Flying from Victoria rather than from Vancouver may add $100 to your ticket, and if you are traveling in the U.S. where budget airlines abound, it may be much cheaper to start your flight there.

Taking the ferry to Vancouver and a shuttle (Quick Coach or GoToBus) to Seattle or Bellingham Airport may save you loads.

Do your research

If you look online before you go to a travel agent, you'll know what the lowest prices look like.

Start with a travel search engine like kayak.com. Popular sites like Orbitz, Travelocity and Expedia are online travel agents and get commission for the flights booked on their site. They also charge a booking fee.

Start your Kayak search by clicking on the "show nearby airports" boxes and "my dates are flexible." These will give you the most options for finding a cheap flight, and can be easily changed once the results are in.

Every time a variable is changed, the results change too, enabling you to make trade-offs between factors like an eight-hour layover in an airport and paying a higher price for your ticket.

Whenever searching online, however, it's a good idea to visit other websites to compare prices.

Many airlines may even offer discounts for booking at their site. And if you are going to travel outside North America, check attitudetravel.com for lists of budget airlines by continent and country.

Book when your flight's avaliable

Kayak and some other sites show the number of tickets left at the price shown. If there are only one or two left and you are certain that it's right for you, then it makes sense to book it online.

Check carefully though, as many tickets are non-refundable and you may not be able to change them or be forced to do so at a high price.

If it isn't vital you book within the next hour, there are advantages to booking that flight with a local travel agent.

They may be able to find you a similar flight at an even better price, and they are also a buffer if things go wrong.

Not all agents will be used to working with student fares, so pick one that is, like Travel Cuts. Just don't forget to check online that the student rate is giving you the best price.

Enjoy your flight!

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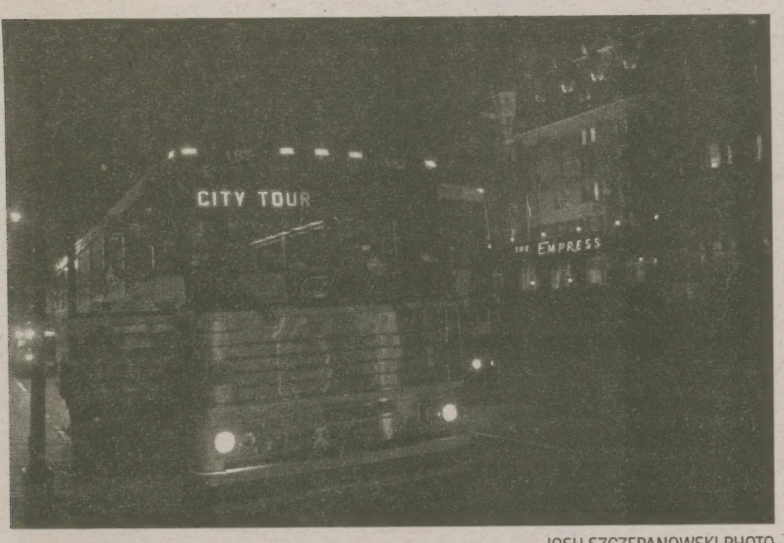

JOSH SZCZEPANOWSKI PHOTO

The city might be vibrant, but it's not the only excitement after dark.

Victoria wildly alive at night

Scenic secrets wake up while you're asleep

Matt Davies

Victoria at night can be a spectacular vision.

Case in point: one night, a friend and I walked down to Arbutus beach with a case of beer. We were looking out over the water, discussing profound topics like science and religion.

Across the water, I saw something eerie.

There was a burning orange object rising slowly above the horizon. My first thought: a hot air balloon. At least, until I realized how big the balloon would have to be, not to mention the fact that I'd never seen one that was glowing brilliant orange before.

"What the fuck is that?" I asked my friend. "A star," she replied.

Apparently, a branch was blocking her view. I accepted her seemingly nonsensical answer and we returned to our conversation.

Soon, the crescent-shaped object rose high enough that I finally realized its true nature: the moon. It was awe-striking.

The sky isn't the only place to look for beauty in Victoria. Looking into the water is just as amazing.

A small branch of the Galloping Goose trail leads to Banfield Park in Vic West. The rocks jut into the water, providing a nice perch to sit and contemplate life. All you need is a flashlight.

The water is filled with pebble sized creatures that swarm into the light. There are crustaceans that resemble pill bugs swimming and feasting on the white swarms. Barnacles whip their feathery tongues into the water, enjoying a fine meal.

Just above the water, bats can be heard (and sometimes seen) swooping about. The darkness provides sanctity for the sea creatures, who are less timid at night and won't scatter by a looming presence above them, as they do during the day.

Phosphorescents are another amazing nighttime experience in the summer.

Bioluminescent plankton come alive in abundance in the warm darkness. Swimming, canoeing and wading can become magical on these nights — the simple act of walking along damp sand lights up these marvelous creatures.

Fish can also be seen swimming in the water by the trail of blue sparkles they stir up. A canoe silently gliding through the water with a bioluminescent wake is an experience not to miss this summer. Arbutus Beach is a great spot for this experience.

Adventuring by night can offer some amazing sights, but it also takes a bit of planning. If you're going to ride your bike, be sure to bring some lights. Besides providing you with safety on the journey, the lights can double as your spotlight for the water.

Refreshments are also handy accessories. Few things are open after the sun goes down on a summer day in Victoria.

You also need to exercise care. The rocks around Banfield Park have sporadic metal rods and loops sticking out that can easily snag your feet and send you into the water.

Remember also that there may be other Victorians sleeping where you're exploring. Respect others and your surroundings.

After that, all you need is your senses of adventure, wonder and a little imagination. By yourself or with a friend, the experience is spectacular.

HEELS AND HOSTELS

When it comes to traveling, boys make poor accessories

Meghan Nay

If I had a dollar for every time I've heard the word "boner" in the last four months I'd be a very, very rich girl.

Embarking on my recent Southeast Asia adventure, I figured this time instead of traveling with my wacky best girl friends, I'd try globe-trotting with one of my oldest best *boy* friends — mix it up a bit, gain a fresh perspective.

I assumed he'd look out for me if I got quarantined by Thai immigration, have my back if I drove my motorbike into a pole and even protect me should — say — a rogue cat jump through the roof of my bungalow.

As if.

Apparently, chivalry is over.

Our dynamic duo quickly expanded, and soon I was the lone doe in a herd of carefree bucks (and it wasn't mating season).

Talk about your culture-shock. The local customs were nothing compared to living with three guys.

For one, my eating habits turned to shit. At first I stayed with my staples: tofu, veggies, bran. It only took about three "meals" for the boys to protest:

"People die from not eating meat, you know."

Okay, so nutritionists they're not, but their constant nagging, their under-the-breath muttering and their tossing of my salads like confetti began to take its toll.

Soon I was devouring burgers and fries with the best of them. Add to that my emerging mantra: "beer is the new water," and it's no wonder my stomach turned the consistency of Play-Doh.

Apparently, guys don't need to exercise.

The only strenuous activity I did was haul around my backpack (which, I might add, was the size of a small adult).

The boys' gear, on the other hand, tucked nicely into backpacks the size of the one I wore in Grade 4 with a My Little Pony on it.

Whereas I packed a practical wardrobe (15 shirts, five pairs of shorts, six dresses, three sweaters and 12 bathing suits), the boys were a different story: three shirts, a pair of shorts, a bathing suit and a stash of condoms the size of a bag of Doritos.

You'd think with all the weight they weren't carrying they'd occasionally aid me with my go-kart sized sack.

No.

They reveled in watching me suffer. During one particularly rainy day, the straps of my bag finally snapped, causing me to fly backwards ruining my precious wardrobe. The boys paused only long enough to comment.

"Strap a 100-pound bag on hundred pound girls, and that's what you get."

"Must be the 12 bathing suits."

"Or the knee high boots." (I forgot to mention those.)

JENNIFER ZHOU GRAPHIC

Then there was the constant film quoting, the burping, the farting, the inexplicable messiness and the fact that they stuck Cheetos up my nose when I slept.

It all blurred together to form what became both the most beautifully unorganized and disturbingly eye-opening trip of my life.

I certainly learned how to not sweat the small stuff.

Missed our ferry? No problem.

Hostel full? No problem.

Rabid monkey bit the female group member? No problem.

The boys ultimately had my back and taught me how to have fun, to let down my guard and to shed my hyperconsciousness.

Even if I do have 20 pounds to lose now.

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Shacked up

NANAIMO (CUP) — "Jane" still remembers the day, many years ago: she had been feeling a strange, prickly, stinging sensation around her genitals, the source of which seemed to be a strange bump. She visited the doctor, expressing a concern that she might have herpes. The doctor said it sounded more like an ingrown hair, but he took a swab of the area and sent the test off to a lab.

Jane never got a call, so she assumed everything was fine. But every so often since then, she has been plagued by this familiar stinging sensation. In the last few years, Jane noticed a sharp increase in the frequency of her mysterious outbreaks.

"It was just last year, over eleven years after that first visit, that I finally went to another doctor about this again," says Jane. "'Looks like herpes to me,' said my doctor. I was stunned. I mean, I knew all along it wasn't just ingrown hairs, but I couldn't believe it was really herpes after all."

Like many people, Jane had been misdiagnosed, or not diagnosed at all, and had been living with herpes, a lifelong viral infection.

It isn't uncommon for swab tests to come back negative for the herpes simplex virus. That's because the virus doesn't always linger on the surface of the skin. In fact, a more recent swab from Jane also came back negative, but a blood test confirmed that she had anti-bodies to the herpes virus — it just didn't show which type.

"My doctor explained that the virus lives in my central nervous system, and comes to the surface of my skin at the place where it originally entered," said Jane. "During that time, it is contagious, but the thing is, it is impossible to know for sure when that is... I might get an outbreak, but by the time I make it in to the doctor for the swab test, the virus has retreated back to its hiding place."

The herpes simplex virus is passed through contact with an affected area, though it dies quickly off the body. The virus has two types: herpes simplex one and two. Although herpes simplex two is most often associated with genital herpes, either one can infect the mouth or the genital region. In fact, any mucous membrane, such as the eyes, inside the nose and even cuts can act as infection sites. You can also get herpes on your genitals from receiving oral sex from someone with herpes on their mouth and vice versa.

"There is a huge stigma around genital herpes," says Jane. "I remember right after I first found out that was what I had, a friend was making fun of people with herpes. I felt so humiliated, but angry at his ignorance. It wasn't like I was a slut. Anyone could get this. Yet I was still too new to it, too ashamed, and I didn't speak up to defend myself."

Because herpes can remain dormant for many years after exposure, the source can be hard to determine. Often, though, initial outbreaks show up anywhere between a few days to a couple of weeks after infection.

None of Jane's boyfriends ever had visible symptoms of herpes, and none ever mentioned it.

"I was always monogamous, and I would use a condom, at least at first in a relationship. But I would usually end up having unprotected sex with boyfriends. I think most people do, once they get to know someone and feel safe."

One of the mysteries around herpes is the way it behaves differently with each case. There are reports of couples where one has the virus and the other never gets it. Other times, just one sexual encounter can result in transmission. Similarly, some people have one or two outbreaks in their lifetime, while others get them all the time. Jane considers herself extremely lucky. She is now married, and her husband has never shown any symptoms.

"We've obviously had unprotected sex, lots of times before I had any idea that I had herpes. I don't know why he's never had any outbreaks."

Jane has also had kids, something she feels like she may not have done had she known she had herpes. Many people with herpes have successful vaginal births, but it can be dangerous if they have an active outbreak. The virus can get into the infant's eyes, causing more serious problems than it does in adults. In cases where an active outbreak is present, doctors perform caesarean sections.

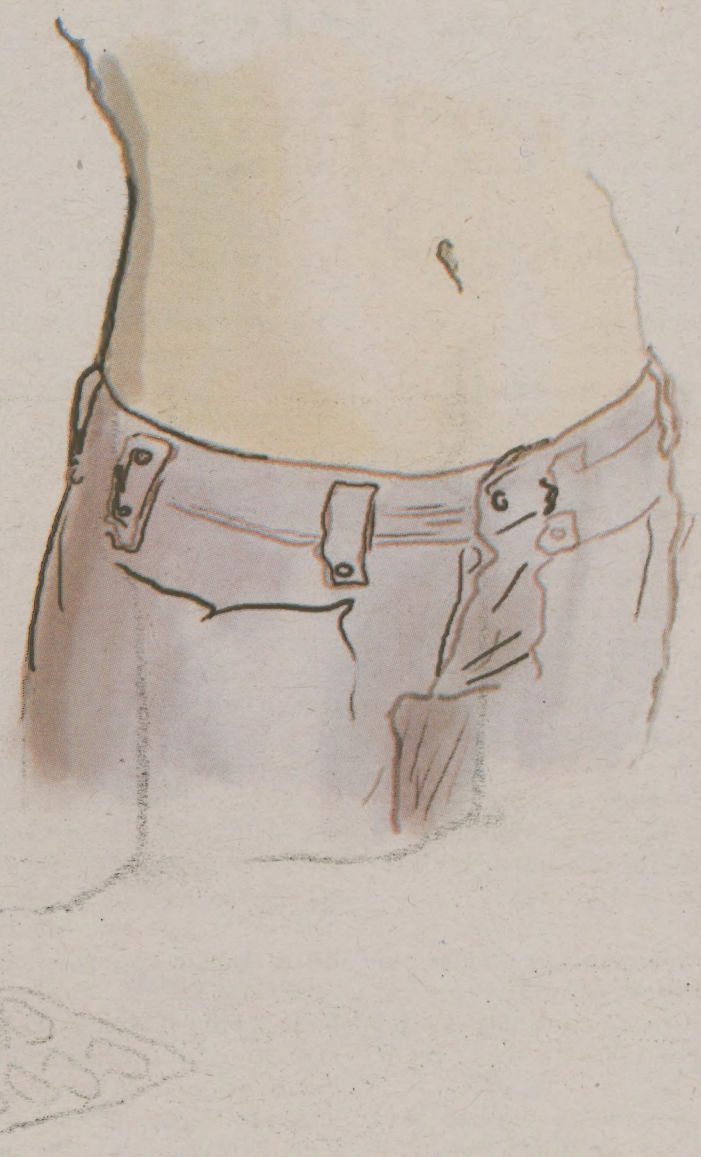
"I didn't know I had herpes," says Jane, "so I never took any precautions. But I was just lucky to not have had any outbreaks during my pregnancies."

Jane says if she got pregnant now, worrying about getting an outbreak would likely cause one — it's commonly believed that stress increases the frequency of outbreaks, though scientific studies on the topic are inconclusive.

"My outbreaks increased after a death in my family," said Jane. "For a long time, I barely remember even having outbreaks, but it was this sudden increase in outbreaks that sent me to the doctor about it again."

Jane now treats her herpes with herbal remedies and tries to maintain a positive attitude.

"When I was first diagnosed, I felt so dirty and disgusting," says Jane, "but I realized



p with the herp

Rose Dickson of The Navigator
Illustrations by Marc Junker

I didn't do anything wrong. I was still the same person. If I stay healthy, I am fine, but if I let my immune system get run down, sure enough, I get a sore."

Jane has noticed that things like coffee, lack of sleep and poor diet seem to contribute to her herpes outbreaks. Coffee is often a culprit in frequent outbreaks because of its effect on the central nervous system, where herpes lives in the body. The other major influences are anxiety and anger.

"One time, I had a minor little sore. I remember getting really angry that day. I was yelling at my kids and feeling super stressed out about some things in my life. When I got home, the sore was really raw and bleeding. It sounds gross, I know, but it was telling me something. Getting freaked out about stress isn't worth it."

Jane takes herbs like St. John's Wort and Lemon Balm, both of which are known for easing depression and calming moods, as well as for being anti-viral. Nothing will ever take away the virus, but by taking care of herself Jane has managed to reduce the frequency of outbreaks.

Christopher Scipio, a Vancouver-based Herbalist, Naturopath and carrier of the herpes virus estimates that 60 per cent of the sexually active population has herpes. He has developed a number of herbal treatments for herpes, and even a seaweed-based gel that when used with a condom or dental dam, is very effective at preventing the virus from infecting sexual partners.

He has a holistic view of the disease, and writes about it in his blog, HerpesNation.blogspot.com.

"Having herpes taught me how to be humble for the first time in my life," says Scipio. "Struggling with my own outbreaks during the early years of my infection taught me that I am not the dominant life-form on this planet. A simple virus — which is not even technically a living organism — can kick my ass any day of the week."

Scipio encourages anyone with herpes to take treatment into his or her own hands. He acknowledges that there are some very affective drug therapies. However, he maintains that a better understanding of your body is most important, and popping a pill will never get you that.

He also cautions against so-called natural cures for herpes, like lysine and di-methyl-sulfoxide, which he says can do more harm than good with long-term use.

"Real management of herpes means strengthening your immune system so that it can keep the virus in check, which is what your body is designed to do," writes Scipio in one of his articles on the topic. "Real management of herpes also means making the effort to eat an appropriate diet, stress management, and working on your emotional and mental relationship with the disease."

It is important for anyone with herpes, be it on their mouth or genitals, to tell their partners that they are at risk of getting herpes, and to take precautions to lower that risk. Condoms alone don't prevent it, as sores can occur in areas around the genitals, areas a condom doesn't cover. It's also a myth that herpes is only contagious when there is an active sore present.

"Most people with herpes, maybe up to 70 percent, don't get noticeable outbreaks," says Scipio. "You may be having sub-clinical (subtle) outbreaks or may be shedding the virus asymptomatically (without symptoms). You could be infecting others with herpes without knowing it."

As Jane said, none of her partners ever exhibited symptoms, though she caught it somehow. Using an anti-viral gel with a condom, abstaining from sex during outbreaks and taking measures to prevent outbreaks all reduce the risk of transmitting the virus.

Jane says the biggest challenge for people is figuring out how to be sexually active once they know they have herpes.

"For me, I'm already married. My husband isn't scared because he figures he's already got it, or else will never get it. But I can't imagine being single and having this. Imagine having to tell a potential partner before having sex."

Scipio says some of his clients are so shaken by rejection that they stop dating for years or "ghettoize" themselves to only dating others with herpes.

"Herpes is a great litmus test to let you know who really cares about you and desires you," says Scipio. "No one who really wants a person, and I do mean want the person, the whole person and the package that comes with them, will reject them just because they have herpes. Who would want that kind of superficial love anyway?"

Jane says that after getting over the emotional shock of it, life with herpes is pretty much normal. But she urges people to be aware of its commonality.

"When I was sexually active, I mean, other than with my husband, I used to worry a lot about AIDS, but I never gave herpes a second thought. If I'd known how common it is, I might have been more careful."

Brothers leave ladies tittering

The Yoshida Brothers stir a concerto of fans

Marri Knadle

The line wrapped around the block outside of the Alix Goolden Performance Hall on Pandora Street. Victoria was in for a treat: the first Canadian performance of powerful shamisen duo, the Yoshida Brothers.

Their North American tour is the continuation of their ambitious desire to share the unique and versatile sound of the shamisen with the world. The Yoshida Brothers' wide appeal was apparent at a glance at the line: teenagers in skinny jeans, grey-haired gents in ties and everything in between all waiting, glued together by a buzz of anticipation in at least three languages.

Special guests, Dharmakasa opened the evening with their ingenious pan-cultural fusion sound. Their songs, combining east and west, old and new, fell on receptive ears.

Andrew Kim's serene stage presence hid a mad instrumentalist genius. He displayed an invented nine-string violin for "Persian Griot," his homemade electric sitar for a variation on an Indian raga they called "Electric Kofi," and a theremin for the closing number. Recognized Japanese flute master Alcvin Ramos enthusiastically acted as the MC, and proved his talents when he performed a Celtic piece on his shakuhachi — a technical and artistic feat with a beautiful result. With Steven 'Shambunata' Daniluk on drums, and Cameron Hood on bass back-up, the quartet (together since 2001 after meeting at a yoga class) celebrated the release of their first CD, the aptly named Between Worlds.

During the 15-minute intermission, the stage setup was stripped to only two low stools, microphones and small side-tables at the foot of the wall organ that looms over the Alix Goolden stage.

Ryoichiro and Kenichi Yoshida appeared to a chorus of anticipatory applause, and took their seats with shamisens in hand. The shamisen, often called the Japanese banjo, is a long-necked, fretless instrument with three strings and a small square body. It's played by strumming a plectrum, called a bachi, rather than using one's fingers — though during some pieces, it seemed as though they used their fingers to pluck the strings on the neck of the instrument. The brothers, clad in matching spring-green hakama and white kimono with goldenrod and teal striping on the sleeves, sat silent and still for only a moment before launching into their first song of the evening.

Ryoichiro, the 31-year-old elder Yoshida brother with the youthfully spiky haircut sat hunched over his instrument for all but the most intense solos. He would surface afterwards to share his toothy smile with a clapping, hooting audience, soaking up the enthusiasm before delving back into his private world for the next song. Kenichi, 29, was the opposite. He smiled with reserve and briefly bowed over his instrument in thanks for the applause. But during performance he came alive to tilt his head back and sway with the speed of the music, smiling wryly in the midst of his most impressive solos.

One brother would play while the other sat calmly, waiting, and then they would launch together with impeccable timing in frenzied unison. The audience chuckled when Kenichi, easily the more fastidious of the two, nonchalantly cleaned his plectrum with a yellow cloth while his brother was in the throes of an intense and lengthy solo.

The brothers play in the tsugaru style, which evolved in their home prefecture of Hokkaido. The tsugaru style features speedy finger work and frequent percussive strikes of the plectrum against the shamisen's body. Their fingers were all but blurs during "Storm" and "Kodo," the song that's most well-known to North American ears, thanks to the Nintendo Wii commercials (which feature the "Inside the Sun" remix of that track).

They were brought back on stage for an encore after the crowd clapped and stomped in demand. Their talents, honed in private from age five and in the public eye since their 1999 Japanese debut, are considerable. Their sound, daredevil solos mixed with traditional fare, is distinct. Like genuine rock stars, they left the ladies of the audience tittering (it must have been those hands).

Their latest CD, The Best of the Yoshida Brothers, hit shelves on June 3.

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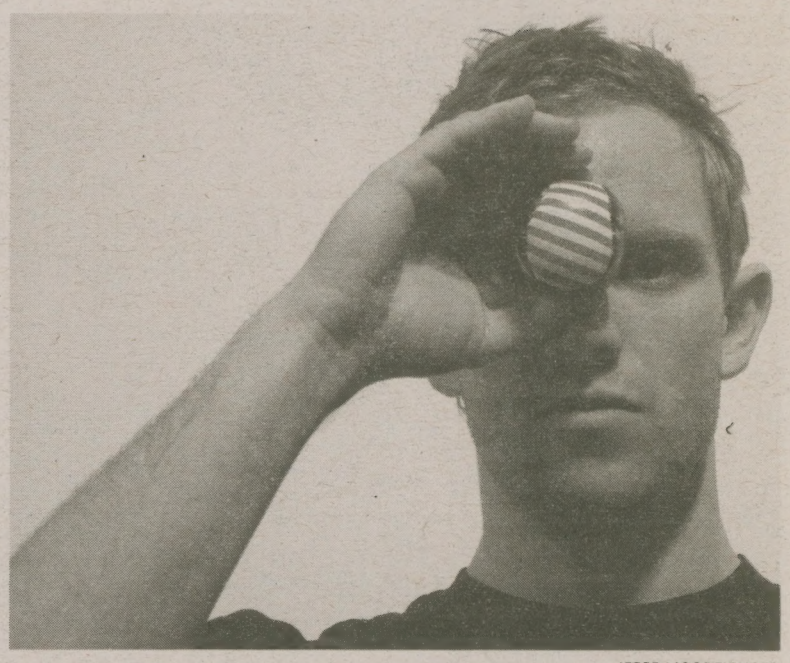
Local artist casts 'spell'

Who: Caleb Speller
What: Over My Dead Body
Where: Art Gallery of Greater Victoria
When: Now until July 13

Lynda Pupo



JESSE MOORE PHOTO

Caleb Speller uses found objects, like this hacky sack, to create his art.

Victoria local, Caleb Speller, is following up his recent notation as one of the Island's most promising artists with a show in the Art Gallery of Greater Victoria.

Speller's work will be shown along with the Andy Warhol exhibit, but Speller noted that it wasn't designed with that in mind. "He's on the other side of wall," said Speller, "[but] it could be anybody because as an artist you can't help but connect with all of the artists who have come before you."

Speller's show consists of three levels: photography, found object display and current sculpture — a unique chance to watch an artist in motion. "I'll probably be barefoot," said Speller. He may even be listening to old records or a CD player.

The photography series in Speller's display has been a project of his for several years, and can stand alone from the other sections. But it's the idea of an artist, death and what is left behind which holds the three sections together.

Speller will be riding his bike to the gallery to collect objects for the other portions of his exhibit. He already has an American flag hacky sack and a bin full of socks to start with — he hopes to make a sock monkey or a sculpture. "I don't wash them either," he added. These items will stay on the shelves until he is inspired to create.

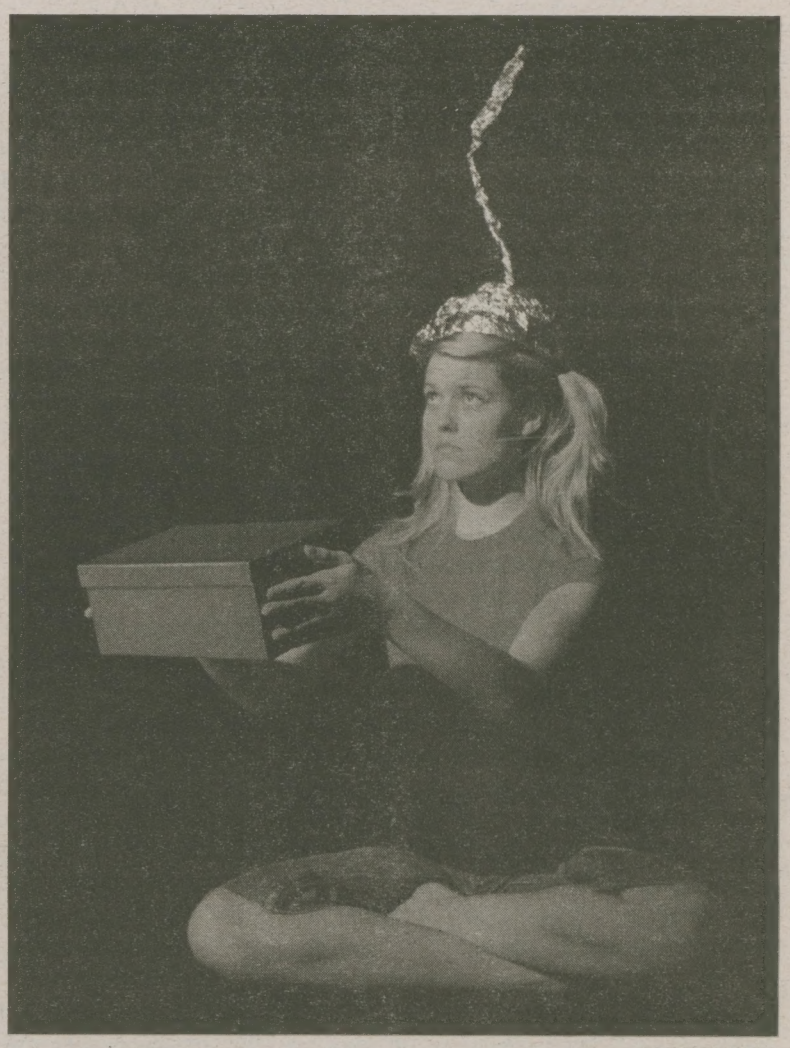
Speller hopes people will come and interact with him during the exhibit, but he also understands that "some people are more comfortable in a person's house when they aren't home."

Speller's art is a visual representation of the past, dealing not so much with death as with a finite sense of time. Over My Dead Body gives the audience the chance to see the creative side to creating art.

The show touches on the idea of being forgotten, and leaves a strong feeling that there is more to art than just the Andy Warhol's of the world. There are artists now – crafting nuances for us to watch for.

Fringe festival gets into Orbit

Cody Willett



PROVIDED PHOTO

UVic actress, Kaitlin Williams makes the plight of a young girl who just lost her dog come alive in Orbit, a play by recent grad, Brie Wittman.

It's not every day that aliens beam your dog's ashes into outer-space. But to one little girl, that's exactly what she's hoping for.

Orbit, a one-person play by recent UVic creative writing and environmental studies graduate Brie Wittman, won this year's Intrepid Theatre Petri Dish award and has landed a spot in Intrepid's popular Fringe Theatre Festival.

Although it started out as a third-year drama workshop assignment, Orbit has evolved to skillfully engage diverse audiences from UVic's Find Festival to Intrepid Theatre's Uno Festival in preparation for the Fringe debut.

On May 31, Orbit held a small audience captive at the Uno Fest preview.

Kaitlin Williams, the UVic actress who plays the 12-year-old girl named Chloe, brought the monologue to life with genuine laughter, tears and an impressive thread of youthful emotions.

By expanding Orbit's original half-hour run time to an hour, Wittman teases out a comprehensive array of social issues through the imagination of Chloe.

But while the play spotlights issues surrounding mortality, race, loss of innocence and alienation, Whittman spares the audience a bludgeoning with Orbit's charming pre-teen innocence.

Wittman said she has been honoured to examine these topics with Victoria's well-regarded theatre community.

While the play is still being tinkered with in advance of its Fringe performance, Wittman expects the themes in the play could have much more life in them, perhaps to a Chloe-aged intermediate school crowd.

However, Wittman is quick to point out that while Orbit's grounding in adolescence makes it accessible to a youthful crowd, the play is "relevant to everyone, and by viewing it you'll discover surprising things within yourself."

Victoria's 22nd Annual Fringe Festival runs August 21st-31st.

www.martlet.ca

Something to say? Leave a comment on the new Martlet webpage.

MULTI-CULTURAL MAGIC

JESSE MOORE PHOTO

Cirque du Soleil dazzled Victoria May 29 to June 1 at the Save-On-Foods Memorial Centre, with the super-human moves in Saltimbanco.

Screw school, let's join the circus

Danielle Pope

The lights are dimmed in a purple glow. On the centre of the stage, a white drape hangs like a tent. An electric guitar sounds, then clowns scurry in and force members of the crowd to join in the gyrating circus moves. One woman gets flipped upside down. A man loses his shirt. Then everything goes dark.

These nymphs aren't just pesky troublemakers, though — they are players in the world famous Saltimbanco Cirque du Soleil performance, which made its premiere in Victoria at the Save-On-Foods Memorial Centre on May 29, and proved that the human body can become pure magic.

The show consisted of nine acts, from a comedic mime, to the strong men, to shimmering trapeze artists. But while the acts seemed classical, the execution was anything but. In a rendition that seemed something between Disney-gone-burlesque and children's toys on crack, these fanciful actors wowed the crowd with beyond-human flexibility, dazzling costumes and stunts for a magical story that we'd be sure were only fancy graphics if we weren't seeing it with our very own eyes.

For anyone who knows how to wheel a BMX, swing a pair of poi, or flex out some keen yoga moves, you might have a future here —almost.

But perhaps most impressive of all was the multi-cultural nature of the act. While the show opened with a greeting in French and English, the majority of the acts are verbally non-descript.

When the characters did speak, it resembled something close to gibberish. And while the audience may not have been able to translate verbatim, the meaning was always breathtakingly clear. With a cast of 49 artists consisting of 19 Canadians and 20 people from other countries, it's no surprise that each movement does the talking.

While 15 of the current actors have been on since the show's original big top tour starting in Montreal in '92, Saltimbanco (from the Italian "saltare in banco" which literally means "to jump on a bench") has performed over 4000 times, and toured on five continents.

While it was the show's first time in Victoria, the performances were met with a circus-hungry crowd — the Memorial Centre sold-out each of the seven shows. And while possibly overlooked (with all the incredible activities to focus on), the background band played the stellar lead in rising the tension and heartbeats of the audience.

With music by René Dupéré, and an operetta-like clown songstress, barely a moment was met without a beat.

And when the beat did pause (at least a heart beat) when one player suffered a miscalculated fall unexpectedly, yet safely, off the Russian Swing, the rest of the cast stifled the audience's dismay by play-falling at the exact same time. Very clever.

But then, viewers expect nothing less than clever from one of the most enchanting shows on earth.

Tart and refreshing soup perfect for sunny days

Lindsay Pope

If you're looking for some summer comfort food, try this light and zesty soup, often found at Greek restaurants.

While Avgolemono soup is normally served as an appetizer, its lemony base and creamy consistency makes this dish stand well on its own, or as part of a main course.

It's easy to garnish with mint leaves or herbs. Just add a sandwich of your choice, and you'll have a delicious lunch or dinner.

LINDSAY POPE PHOTO

Avgolemono soup

5 cups chicken broth
1/3 cup orzo pasta
4 eggs
1/4 cup lemon juice

In a two-quart saucepan on medium high, boil chicken broth and orzo until pasta is tender (about 15-20 minutes), stirring occasionally. Turn to low. In a medium bowl, use a wire wisk to beat eggs until frothy. Add lemon juice and beat gently until well incorporated.

Set the bowl beside the saucepan on the stove, and while stirring the egg mixture constantly, slowly add some broth (60 ml or less at a time), to the egg mixture until it feels warm to the touch. This prevents the egg from suddenly cooking and clinging together. Pour egg and broth mixture back into saucepan while stirring. Serve instantly, and enjoy!

martlet >> Come join us!

Want to work at the Martlet?

We want to see your stuff during the summer months. Come write, take photos, copy edit and contribute graphics. We use these months to determine potential staff for our fall publication schedule. E-mail edit@martlet.ca for an assignment.

p.a.t.h. SPINAL CORD INJURY GROUP

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Please email JJ Fowler
P.A.T.H. Spinal Cord Injury Group
scipath@shaw.ca.

MOVIE REVIEW

Indy's back but can't keep the boulder rolling

Ian Venables

The dawn of Hollywood's summer blockbusters is upon us and there's no better way to propel us into adventurous spirits than *Indiana Jones and the Kingdom of the Crystal Skull*.

This fourth installment of the series reunites Steven Spielberg, George Lucas and Harrison Ford, as Indy embarks on another globe-trotting mystery after 19 years of hiding. It's 1957 now, so Russians replace the Nazis as the thorn in the side of our hero.

Cate Blanchett plays Irina Spalko and assumes the role of the greedy villainess who uses Indy to further her lust for power. Her mission: gain possession of the last of the remaining crystal skulls and return it to a mythical city made out of gold hidden deep in the Amazon. Oh yeah, and it's guarded by the living dead — as Indy sighs, "Same old same old."

Legend has it that the person who returns the final skull to its resting place will be granted (yes, you guessed it) the greatest power on earth. In this case that's knowledge.

Indy's sidekick in this outing is a young greaser named Mutt, played by Shia LeBeouf, who is more worried about his hair than the apparent danger he is continuously confronted with. Their race for the skull finds the duo exploring torch-lit tombs, brushing aside cobwebs, uncovering skeletons, escaping man-eating ants and revealing hidden doors resurrecting our nostalgia for the originals.

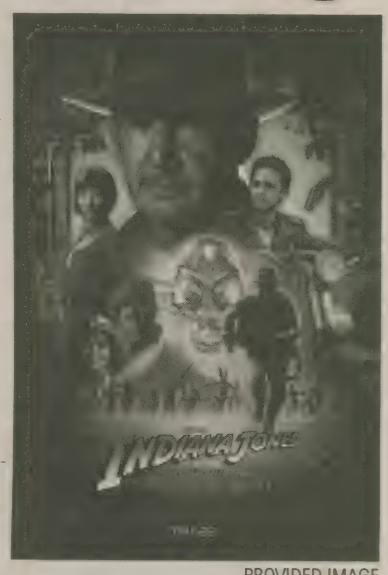
The first half rolls along at such a great pace that the result is disappointing. Spielberg and Lucas throw in everything but the kitchen sink in their attempts to dazzle us with special effects when attention should have been paid to character development, script and creating that sense of allure which made the originals so appealing. Stunts and scenery are replaced by computer generated imagery, and nothing about the setting or characters feels real. We can handle a couple "are you kidding me" moments — after all, it is Indiana Jones. But when it's one implausible event after another it becomes ridiculous.

This all leads up to an unsatisfying, special effects-filled conclusion that just does not seem to fit the Indiana Jones persona. That being said, *Crystal Skull* reminds us why we go to see these summer blockbusters — the films provide that escapism that coincides with summer, travel, exotic locations, freedom and excitement.

There are some nods to the previous three films, which fans of the series will pick up on. And it is entertaining just to see the old fedora and bullwhip back on the screen. Ford breathes enough life into his old role which is almost enough to make *Crystal Skull* a great summer treat, but he alone can't conceal the blemishes in the second and third acts.

Perhaps it's not fair to compare the film to its predecessors, but considering the amount of talent behind and in front of the camera, it's almost inevitable.

It's not easy to say, but maybe Indy should have continued into that sunset at the end of *The Last Crusade* and never looked back.



PROVIDED IMAGE

CD REVIEWS

Sweet music to keep your summer lovin' sizzling

Soft Power
Gonzales
MERCURY

In view of Gonzales' more serious and deservedly acclaimed *Solo Piano* (2004), one might expect that *Soft Power*'s liner-note nods to '78 Grammy winners George Benson and the Bee Gees are delivered with time-honoured tongue firmly in cheek. Not so.

Indeed, all the stylings of Broadway and the brothers Gibb are unashamedly appropriated here into a kind of make-out album meets morality play. Perhaps not since Sufjan Stevens' *Illinois* (2005) has good old-fashioned optimism had such an honest ambassador in pop music as here in *Soft Power*.

This purest cheer, however, is not to be mistaken for that most insidious and ironic positivity (read narcissism) of the hipster set, so subtly implied in the glee of neon nylon and sunglasses lavish enough to dim even the brightest of futures. No, *Soft Power* swings seamlessly from the bawdy and vaudevillesque to pure camp joy without ever losing its theatrical cohesion or taking itself too seriously.

All this is decidedly to Gonzales' credit, as he embraces a breadth of styles from jazz to Franco-rap (c/o Teki Latex on "Slow Down Remix") while nurturing a rock-solid momentum into something akin to an Andrew Lloyd Weber adaptation of Boogie Nights.

Listeners must hear *Soft Power* in its entirety before any judgment of its merit may be levied. The versatility exemplified here offers a microcosmic view to Gonzales' rare talent for a musical diversity which never falters into the anchorless self-indulgence of lesser cross-genre dabblers.

- Todd Coyne

One Cell in the Sea
A Fine Frenzy
VIRGIN

Unfortunately for Alison Sudol (the voice behind A Fine Frenzy), the lead track and single "Come On, Come Out" from her *One Cell in the Sea* so closely appropriates both lick and lyric from 54-40's "Casual Viewin'" in its first few seconds, it proves reliably disconcerting — even with repeated listening.

This initial distraction would be negligible were it not actually the sharpest hook on the disc. Alas, it proves a most awkward foot to get off on, and one from which the album does not recover despite its considerable length at 14 fully developed tracks.

Perusing the album's accompanying booklet for some redemptive lyrical insight, one is met with portraits of Sudol looking as cringingly pseudo-candid as any Facebook profile. Oh look, there's Sudol appearing impossibly tartish, her nymphean attention adrift, evidently perked by the near-imperceptible twittering of a nesting grackle.

One Cell in the Sea is as limp and directionless as its title suggests, and is guilty of that most mortal artistic sin: uninspired mediocrity.

- Todd Coyne

Ants in the Sugar
Cone Five
GRUMPY CLOUD RECORDS

A fusion of aggression and tranquility spark the fifth and final album from Winnipeg's Cone Five.

The band split up in 2006, according to their myspace site, but released *Ants in the Sugar* in 2007 before permanently sending their jerseys to the rafters.

The band's unpredictable style and the dueling male and female vocals of Matt McLennan and Leslie Oldham makes for a very audible farewell indie compilation.

The folk/alternative tone of the album's opening track, "Hurry Home" is so sweet it sounds like it came off the soundtrack for this year's touching cinematic hit, Juno.

The following track, "Spencer Party" is barely over a minute long, but has such a great tempo that listeners can easily implore it to continue.

Cone Five does not let fans get too comfortable with the softer opening tracks, though, as they deliver the raw "Personal Spacecraft," showing off the grungy punk side of the versatile group.

The chaotic guitar work in "King of Animals" illuminates the influence bands such as the Smashing Pumpkins had on Cone Five. If Billy Corgan were to replace Matt McLennan in this track the resemblance would be almost indistinguishable.

At a running time of only 35 minutes the disc does not out-stay its welcome. *Ants in the Sugar* is fun, and it accomplishes what the band set out to do: create one last rocking album for their fans.

- Ian Venables

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Canadian team no easy match for Brazil

Gavin Day

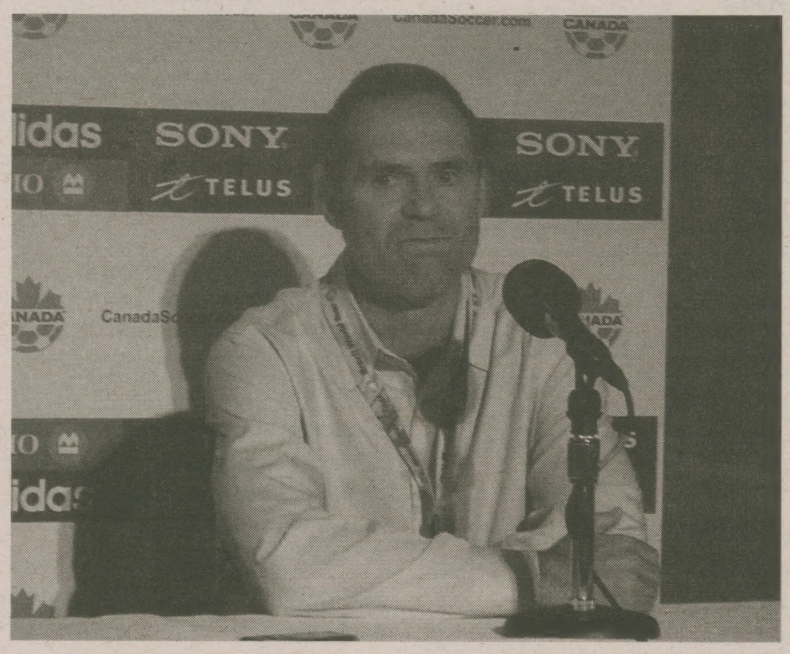
When your country is preparing to play in the qualifiers for the World Cup of Soccer, you can get no better warm-up than a game against Brazil.

The Canadian National team did just that on May 31, at Qwest Field in Seattle. The game was a tune-up for their first World Cup Qualifier against St. Vincent and the Grenadines on June 15.

The team was able to spend a week together while they were training at the University of Washington. Brazil, on the other hand, arrived two days before the game and had only one brief training the day before the game.

The Canadian supporters' club, the Voyageurs, made the trip down from Canada and turned the southwest corner into a small red and white section in an otherwise mass of yellow, green and blue. A solid crowd of 47,052 people filled the 67,500-seat stadium.

The Brazilian fans were not disappointed. Within four minutes of kickoff, Robinho — Robson de Souza, who plays for Real Madrid in Spain — easily slipped by Canadian right-back Paul Stalteri. He then crossed the ball to Diego Ribas da Cunha who beat Canadian veteran keeper Pat Onstad with a shot to Onstad's left.



GAVIN DAY PHOTO

Despite the May 31 loss, Canadian Head Coach Dale Mitchell was impressed with his team's performance against Brazil.

Canada is the 62nd ranked team in the world, and being down an early goal to world number two Brazil meant Canada had a huge mountain to climb.

Amazingly, Canada replied within seven minutes. At the 10-minute mark, Mike Klukowski launched a long cross from the left-hand side just inside the halfway line. Forward Rob Friend beat Brazilian keeper Julio Cesar to the ball, and headed in the equalizer.

Canada was playing with a confidence not present on previous teams. They showed Brazil no respect and were rewarded for their efforts with solid goal-scoring chances. On the 23rd minute, Friend played a through ball to Issey Nakajima-Farran, which beat the offside trap. With only Cesar to beat, Farran tried a chip that just missed Cesar's left post.

Right on the stroke of half-time, Brazilian defender Gilberto Silva crossed to Luis Fabiano, whose header was partially saved by Onstad, but was still able to make it over the line. The score at the half was 2-1 Brazil; but it easily could have been Canada in front.

Canada's main flaw in the past has been a lack of offensive creativity. Forward Dwayne De Rosario noted that improvement in Canada's game.

"It used to not only be a lack of scoring, but a lack of creating any chances," De Rosario said. "But we created chances again... which is encouraging."

The second half got off to a slow start. That all changed in the 55th minute, when Jonathan de Guzman beat Julio Baptista to a loose ball and blasted a rocket of a shot to the right of Cesar to tie the game.

Two minutes later, de Guzman took a left foot show that missed the left post by inches. He was easily Canada's man of the match.

As well as Canada played, and as well as de Guzman played, he was ultimately responsible for Brazil's third goal. In the 63rd minute, he tried a long back pass to Onstad that was intercepted by Robinho who was alone on goal. He then rounded a helpless Onstad and slid the ball into the open goal.

Canada almost tied it again in the 84th minute, when substitute Tam Nsaliwa dribbled through four Brazilian defenders before flashing a shot just inches away from the post to Cesar's right.

It proved to be Canada's best and last chance in a thrilling 3-2 loss to one of the most powerful teams in the world.

After the game, Canadian players were encouraged by the result. Midfielder/forward Tomasz Radzinski noted, "most Canadians in the squad play in the highest divisions in Europe and it shows on the pitch. Unfortunately, Brazil is Brazil and they had four chances and scored three goals from them."

Looking ahead to World Cup Qualifying, Coach Mitchell is not going to let excitement get the better of the team.

"Most people would think that we wouldn't be that close to Brazil," said Mitchell, "just like many would think St. Vincent won't be that close to us."

RESEARCH ROUNDUP

Baseball managers are useless, new study says

David Karp

Baseball managers don't matter

They may wear the same uniforms as their players, but baseball managers don't matter nearly as much as the on-field stars.

A study in May's Journal of Sport Management found that baseball managers are virtually ineffective.

The study's researchers, one of whom was from Ontario's Brock University, looked at the differences in major league teams' winning percentages, and found that less than one per cent of the variance resulted from the manager's leadership, while almost three quarters could be pinned on players.

The authors suggested that it might not make sense for owners to spend much on managers if they are interested in winning, but owners may have other motivations such as making a profit, obtaining the "trophy status" that comes with owning a major league team, or a desire to enhance a community asset, which the manager may contribute to.

The authors also examined which managers were most efficient at improving their team's performance between 1991 and 2005, and found that L.A. Dodgers manager Joe Torre, former Texas Rangers manager Johnny Oates and Team U.S.A. manager Davey Johnson were the top three respectively.

The study also found that managers' salaries aren't based on their efficiency. Instead, experience played the most important role. The authors claim this is similar to the corporate world, where "award-winning CEOs extract large compensation packages, which are not warranted based on performance."

The study, titled "Major League Baseball Managers: Do They Matter?" predicted that managers will only become more useless as statistics, rather than managerial wisdom, are used more widely in decision-making.

Jumping the gun

Sprinters closest to the starter's pistol have a faster reaction time, a study in the June edition of Medicine & Science in Sports & Exercise has discovered.

Researchers at the University of Alberta examined reaction time data from the 2004 Olympics and found that sprinters and hurdlers who were in lane one, closest to the starter's pistol, had "significantly lower reaction times" than those further away.

Runners in lane one tended to react faster by between 11 and 25 milliseconds, which the authors noted "is not trivial, given the fact that the first and second places in the men's 100-metre sprint final in 2004 were separated by only 10 milliseconds."

The authors also tested runners at the University of Alberta to see if louder starting signals reduced reaction time.

They found that both a louder starting signal and hearing the signal earlier contributed to the advantage.

Sprinters at the Olympics have individual speakers behind their starting blocks telling them when to start, but by tradition, a starter also fires a pistol that can be as loud as 181 decibels — considerably louder than a jet engine.

The paper, titled "'Go' Signal Intensity Influences the Sprint Start," recommends using a silent pistol to start races, as is done at the International Association of Athletics Federation (IAAF) World Championships.

Nepotism in NASCAR?

Father-son combinations are abundant in NASCAR racing.

Bobby Allison and Davey Allison, Dale Earnhardt and Dale Earnhardt Jr., and Lee Petty, Richard Petty and Kyle Petty are just a few examples.

With 30 per cent of 2005 NASCAR drivers being a father, son or brother of another current or former driver, it's easy to think that nepotism is involved.

But a study in June's Journal of Sports Economics found that, for the most part, NASCAR drivers are there on their own merits.

"Our results suggest that the N in NASCAR does not stand for nepotism," the American authors wrote in their study titled "Nepotism or Family Tradition? A Study of NASCAR Drivers."

The study examined 30 years of NASCAR data to determine if fathers, sons or brothers had longer careers than drivers with similar performances who had no family connections.

They found it evident that sons did not have any statistically significant advantage in terms of their career length.

However, fathers who had a son follow in their footsteps were more than twice as likely to retire in any given year than their performance warranted, the study found.

As for brotherly love, it was found that the first brother of a NASCAR driver didn't experience any advantage, but second brothers had longer careers than their performance warranted.

"This result suggests that second brothers may free ride on the first brother's reputation," the authors wrote.

The study suggests that brand-name loyalty, where sponsors associate themselves with the family name of top drivers, may explain the behaviour of fathers retiring early and second brothers having longer careers.

Krista Nugent, esthetician and waxing specialist formerly of ECO CHIC Salon and Spa is now in business at IASO Bodyworks. She can be reached at 661.1562 or by email at kristaiasobodyworks@gmail.com
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Events

ON CAMPUS

WEDNESDAY, JUNE 4

Early Childhood Care and Development in Africa and the West: Is Bridging the Challenge?

7 - 9 p.m.

Harry Hickman Building, Room 105
This panel will provide various perspectives on early childhood care and development in Africa. Dr. Pence will consider the degree to which the image of a 'Global Child' has become part of international development discussions regarding children's care and development and how that construct impacts on diversity within Africa.

The role of 'bridging' from Minority World ('developed countries') contexts to the Majority World ('developing countries'), and the degree to which that is a useful concept, will be discussed. Mrs. Ruth Addison will discuss current initiatives to address children's well-being. Mr. Masoud Ali will present initiatives of the Madrassa Resource Center as part of an ECD-Aga Khan Foundation project.

Fee: Free
Info: Sabine Lehr
472-4028

FRIDAY, JUNE 6

A Very Personal Approach to the History of Icelandic Cinema

7:30 - 9 p.m.
Clearihue, Room A206
The history of Icelandic films is the subject of this talk. These form a varied group—so do their directors. In their works diverse influences blend with the characteristics of a small nation which, until recently, had lived in isolation from the world.

Please note that two of Ágúst's films, "The Dance" and "The Seagull's Laughter" will be featured as double bill at Cinecenta at UVic—with Ágúst in attendance to introduce them—on Thursday 5 June.

Fee: Free
Info: Trish Baer
853-7656
pabaer@uvic.ca

FRIDAY, JUNE 13

Operation Trackshoes

All Day Event

UVic Stadium
Operation Trackshoes is a provincial sports festival for people with mental disabilities. Athletes come from all over the province of BC to compete in fun, recreational and competitive events. The event is held at the University of Victoria from June 13 – 15, 2008.

Operation Trackshoes relies solely on the support of volunteers to assist the athletes on the weekend. The number of competitors who can come to Operation Trackshoes depends on how many people volunteer their time to help them participate in their sporting events.

If you would like to see sportsmanship at its best, then volunteer to help these athletes live their dream of coming to Victoria and being a part of Operation Trackshoes. Call 721-4932 or visit www.trackshoes.ca to find out how you can help.

Fee: Free
Info: Sandra Otway
721-4932
info@trackshoes.ca

SATURDAY, JUNE 14

Sacrifice

7:30 - 9 p.m.

David F. Strong Building, Room C103
The film is by Ellen Bruno, and is an award winning presentation on child prostitution in Burma. The film will be introduced and followed by Q & A by the filmmaker.

"Compelling interviews and beautiful photography create a complex portrait of economic conditions in Burma, and the impact this has on families, rural villages and the young women themselves." -- San Francisco International Film Festival.

"Sacrifice counterpoints forthright tales of four young prostitutes with mesmerizing images: a woman standing in a door frame awaiting her fate juxtaposed with farmers cultivating the fields. The images make a poignant plea for survival, both of the exiled women and the tormented land." -- Andrea Alsberg, Sundance Film Festival.

Fee: Free
Info: Stella
721-7020
capi@uvic.ca

WEDNESDAY, JUNE 18

Cafe Scientifique-Hormones in our Water: Should we be concerned?

6 - 8 p.m.
Swans Hotel
Hosted by UVic's Centre for Biomedical Research, CBR.

Cafe Scientifique's are an opportunity to participate in an informal lively discussion about a science topic of the evening.

The evening will begin with Dr. Caren Helbing sharing her research discoveries about Hormones in our water: Should we be concerned?

Appetizers and refreshments will be available.

Fee: Free
Info: Marjorie Wilder
472-4067
cfbr@uvic.ca

WEDNESDAY, JUNE 25

Imagining Ourselves Related: Archetypes that Shape Community Dialogue

12:30 - 2:30 p.m.

Harry Hickman Building, Room 105
In this lecture, we will explore some of the archetypal voices involved in dialogic work in communities — both supporters and detractors. It is these archetypal voices that animate our work, or undermine it. Like seams in a mine, archetypes direct our attention to the richness of dialogue, and also to places where it can be weakened.

Bring your experiences of community engagement to this exploration of the archetypes that connect and divide us.

Fee: Free
Info: Lois Pegg
250-721-8199
dispute@uvic.ca

LIVE CONCERTS

THURSDAY, JUNE 5

David Rovics @ Camosun College

7 - 9 p.m., doors at 6:30 p.m.

Gibson Auditorium
Come and spend an evening with anti-war folksinger and songwriter David Rovics.

Rovics, who has been compared with Phil Ochs and Pete Seeger, is an activist and a peace poet for our times.

Wikipedia says, "His provocative and catchy lyrics bring to mind a modern-day Woody Guthrie" and Folkworld Magazine says, "Phil Ochs is not dead. He's reincarnated in the body of David Rovics." (All Ages).

Phone 478-6906 to reserve tickets.

Fee: $10

Ragin' Junior, KinBasket @ Evolution

9 p.m. - 2 a.m.
Tickets available at Old School Tattoos.(No Minors).

Fee: $8 at the door
$6 in advance

CHAMPION SOUND with DJs Verse & Murge @ Lucky Bar

10 p.m.

DJs Verse & Murge (formerly Strifry) present Champion Sound - the Ultimate Mashup!

A four hour, four turntablized mixmash of music to make your booty move! (No Minors).

Fee: $5

FRIDAY, JUNE 6

Ok Vancouver Ok, Aleks + the Ramps, Stefana Fratila @ Con Brio Music

8 - 11 p.m.

OK Vancouver OK gets you drunk on songs about love, Aleks+the Ramps work their Australian charm, and Stefana Fratila makes the boys wish they wore dresses just so they could sway to her pretty voice. (All Ages).

Fee: $9

Live Earth Battle of the Bands Part 2! @ Curling Rink at Juan de Fuca Recreation Centre

7 - 11 p.m., doors at 6:45 p.m.

Tickets at the door. (All ages).

Fee: $6

A Lethal Dose Of Blunt Force Trauma, Unleash The Archers!, The Cambrian Explosion @ Lucky Bar

10 p.m.

From the ashes of the infernal Meatlocker Seven come three new diabolical Metal bands!!! Triple debut show!

Celebrate International Metal day right!(No Minors).

Fee: $10

The Manhattan Project @ Manhattan The Club

9 p.m. - 1 a.m., doors at 7 p.m.

Manhattan's House band plays the stuff you wanna dance to. (No Minors)

Fee: $6

Jell, Sunday Buckets, Introverter, Sirens Sister, This Trigger @ Sugar

9 p.m. - 2 a.m.

Tickets at Lyle's Place and the door. (No Minors).

Fee: $10

SATURDAY, JUNE 7

Anarchic Noiser #1 Sistrenatus, Rusalka, Taskmaster, Brutophilia, COASTAL, Froghat + Sofaqueen, Return Of The Fire Witch, Yar's Revenge @ 2590 Quadra St.

7:30 - 11 p.m., doors at 6:30 p.m.

(All Ages).

Fee: $2

Meow ... Check it out! Laila & The Fat Cats, The Laila & The Fat Cats, The Blue Tie Trio @ Black Stilt Coffee House

7 - 10 p.m.
Jazz to Surf Rock with 37 flavours in between.

Laila & the Fat Cats are a brand new act in Victoria, featuring the tasty vocals of Laila A. Garsys from New York. She is backed by Eric Douglas on Guitar & Vocals, Cam Duron on Drums, Kevin Stuart on Bass, Scott McInnes on Trombone and Christopher Poynter on Trumpet.

Laila & The Fat Cats will be joined by the very talented Blue Tie Trio featuring Josh Dixon on drums with Ashlin Richardson on bass & Myles Thomson on piano.

Tickets available at the door. (All Ages).

Fee: $5

The Keg Killers, Junkie Death Squad, The Beaumonts, The Hoosegow @ Logan's Pub

10 p.m. - 1 a.m., doors at 9 p.m.

(No Minors).

Fee: $8

Hard Drivin' Blues & Funky Reggae with HARRIS GILMORE & THE MOJOS @ Oak Bay Tea Party

6 - 7 p.m.

(All Ages).

Fee: Free

The Matadors, SpreadEagle, Hank Pine & Lily Fawn, The Zapp Straps (formerly Toaster Bath) @ Sugar

9:45pm - 2am doors at 9pm
Tickets available at Lyle's Place, Sideshow, ticketweb.ca, Aces 'n' Spades. (No Minors)

Fee: $15

colin godbout @ Verjus Restaurant

6 - 9 p.m., doors at 5 p.m.
Latin Jazz Guitarist performs every Saturday night. (All Ages).

Fee: Free

DejaVu @ Waterwheel Pub

9 p.m. - 1 a.m.
Original members reunited. (No Minors).

Fee: Free

SUNDAY, JUNE 8

Elephant Island, Ben Ziakin @ Hermann's Jazz Club

8 - 11 p.m., doors at 7 p.m.
(All Ages).

Fee: $10

Grand Old Country Band @ Logan's Pub

9 p.m. - 12 a.m., doors at 8 p.m.

(No Minors).

Fee: $6

THURSDAY, JUNE 12

Blackie and the Triumphs, The McGillicuddys, BREWTALITY @ Evolution

9 p.m.

Tickets available at Old School Tattoos. (No Minors).

Fee: $8 at the door
$6 in advance

FRIDAY, JUNE 13

CD Release Show! Run Like Hell, The Cambrian Explosion, Acorn Hell @ Logan's Pub

10:15pm - 1am doors at 9:30pm

Run Like Hell releases it's first recording to the public with this show on June 13th.

Opening band, The Cambrian Explosion brings sounds influenced by such bands as Corrosion Of Conformity, Down, Tool, Entombed and much more.

Special guest time wasters, Acorn Hell open the event with plenty of venom to be spat upon those within range.

RLH shirts will be available as well. Brings your loonies, toonies, fives and tens to get in on all the fun! (No Minors).

Fee: $8

Sea Wolf, The Jealous Girlfriends @ Lucky Bar

10 p.m.

"But – and there it is – we want to live and move, though we have no reason to, because it happens that it is the nature of life to live and move, to want to live and move. If it were not for this, life would be dead. It is because of this life that is in you that you dream of your immortality." – Wolf Larsen. From The Sea-Wolf, by Jack London.

Tickets available at Lyle's Place, Ditch Records & Cds, www.ticketweb.ca. (No Minors).

Fee: $15

The Manhattan Project @ Manhattan The Club

9pm - 1am doors at 7pm

Manhattan's House band plays the stuff you wanna dance to. (No Minors).

Fee: $6

Haunted Homecoming Ghosts of the Highway @ The Solstice Cafe

8 - 10 p.m., doors at 7:30 p.m.
On March 21st, 2008, shayne and Jeff left Victoria to haunt the highways of Canada, hitchhiking from west to east with their songs and stories.

They became spectres in the waking dreams of everyone they encountered.

Now, on Friday, the 13th of June, they return. (All Ages).

Fee: $10

SATURDAY, JUNE 14

The Usual Suspects, Flatline @ Archie Browning Arena

9 p.m. - 2 a.m., doors at 7 p.m.
Its the second year that the Suspects & Flatline have hosted this great event! (No Minors).

Fee: $10

Meatdraw, The Lonesome Valley Singers, MD Wren and the sick kids @ Logan's Pub

10 p.m. - 1 a.m., doors at 9 p.m.
(No Minors).

Fee: $8

SOLID! with DJ Longshanks @ Lucky Bar

10 p.m.

Your only true alternative on Saturday nights. DJ Longshanks spins an eclectic mix of Post-Everything dance music... plus rare mixes and remixes. Hear it here now or everywhere else later. (No Minors).

Fee: $6

The Roller Derby Round Up After Party Crystal Pistol, Red Hot Lovers, START WITH THE COBRA, Crown the Wolf @ Sugar

10:30 p.m. - 2 a.m., doors at 10 p.m.

Tickets available at Lyle's Place, Sideshow / Era, Aces 'n' Spades, ticketweb.ca. (No Minors).

Fee: $10 in advance

Colin Godbout @ Verjus Restaurant

6 - 9 p.m., doors at 5 p.m.
Latin Jazz Guitarist performs. (All Ages).

Fee: Free

SUNDAY, JUNE 15

East Coast Youth Crew Mindset, Vile Style, WAYNE POWERMAN, Boiz In Control @ Camas Book and Infoshop

7 p.m.
(All Ages).

Fee: $6

THURSDAY, JUNE 19

The Shores, Land @ Evolution

9 p.m. - 2 a.m.

Tickets available at Old School Tattoos. (No Minors).

Fee: $7 at the door
$5 in advance

Wax Mannequin, Andy McGoffen (Two Minute Miracles) @ Lucky Bar

8 p.m.

(No Minors).

Fee: $8

CHAMPION SOUND with DJs Verse & Murge @ Lucky Bar

10 p.m.

DJs Verse & Murge (formerly Strifry) present Champion Sound - the Ultimate Mashup! A weekly four hour four turntablized mixmash of music to make your booty move! (No Minors).

Fee: $5

FRIDAY, JUNE 20

The Manhattan Project @ Manhattan The Club

9 p.m. - 1 a.m., doors at 7 p.m.
Manhattan's House band plays the stuff you wanna dance to. (No Minors).

Fee: $6

RAZOR SHARP FOLK Pernell Reichert @ Spiral Cafe

8 p.m. - 11 p.m., doors at 6 p.m.

Pernell will be playing a solo show at a cool Island coffee shop. (All Ages).

Fee: Free

SATURDAY, JUNE 21

NUVO WAVO's Summer Solstice Pagan Shaker Dance Party! Nuvo Wavo @ Ambrosia Event Centre

9 p.m. - 12 a.m., doors at 7 p.m.

Join Victoria's masters of retro new wave to dance wildly around electronic fire to welcome in the Summer Solstice and say "way to go" to all those Pagans out there! New Wave Pagans anyway.

You'll be Rockin' The Casbah with the West End Girls! Tickets available at the door, or call Ambrosia 475-1948. (No Minors).

Fee: $12

SOLID! with DJ Longshanks @ Lucky Bar

10 p.m.

Your only true alternative on Saturday nights. DJ Longshanks spins an eclectic mix of Post-Everything dance music... plus rare mixes and remixes. Hear it here now or everywhere else later. (No Minors).

Fee: $6

Colin Godbout @ Verjus Restaurant

6 - 9 p.m., doors at 5 p.m.
Latin Jazz Guitarist performs. (All Ages).

Fee: Free

THURSDAY, JUNE 26

The Vista, Sunday Buckets @ Evolution

9 p.m. - 2 a.m.
Tickets available at Old School Tattoos. (No Minors).

Fee: $7 at the door
$5 in advance

CHAMPION SOUND with DJs Verse & Murge @ Lucky Bar

10 p.m.

DJs Verse & Murge (formerly Strifry) present Champion Sound - the Ultimate Mashup! A weekly four hour four turntablized mixmash of music to make your booty move! (No Minors).

Fee: $5

FRIDAY, JUNE 27

The Constantines, Ladyhawk @ Sugar

9 p.m.

Tickets available at Lyle's Place, Ditch Records & Cds, and www.ticketweb.ca. (No Minors).

Fee: $18

Matthew Good, Guests TBA @ Victoria Curling Club

8 p.m.

After two critically acclaimed and massively successful solo acoustic tours, MATTHEW GOOD comes back for the first time in three years with a BRAND NEW BAND to tour Canada this spring.

Tickets available at Lyle's Place, McPherson Box Office, and www.livenation.com. (All Ages).

Fee: $32.50

SATURDAY, JUNE 28

SOLID! with DJ Longshanks @ Lucky Bar

10 p.m.
Your only true alternative on Saturday nights. DJ Longshanks spins an eclectic mix of Post-Everything dance music... plus rare mixes and remixes. Hear it here now or everywhere else later. (No Minors).

Fee: $6

Colin Godbout @ Verjus Restaurant

6 - 9 p.m., doors at 5 p.m.
Latin Jazz Guitarist performs. (All Ages).

Fee: Free

ON THE TOWN

MONDAY, JUNE 2

Bike to Work Week

June 2 - June 8

Greater Victoria, Nanaimo, Comox Valley and Campbell River
Bike to Work Week is a great opportunity to discover the joy and health benefits of commuter cycling. Join us in this free community event to win great prizes.

Register at www.biketowork.ca

Fee: Free
Info: Stephanie Johnson
(250) 920-5775

Warhol: Larger than Life

All Day

Art Gallery of Greater Victoria, 1040 Moss Street
The exciting exhibition Warhol: Larger than Life delves into one of the 20th century's most compelling artistic personalities, with an expansive collection of over 150 paintings, drawings, prints, sculptures, photographs and films spanning four decades of production.

Andy Warhol (1928 – 1987) was an American artist associated with the definition of Pop Art. He was a painter, printmaker and avant-garde filmmaker, a commercial illustrator, music industry producer, writer and celebrity. As well as exploring Warhol's take on celebrity, death, destruction, everyday objects and his self-portraits, Larger than Life will draw on archival records and artwork to examine the artist's Canadian connections like his early exhibitions at Canadian galleries, Expo 67 and portraits of famous Canadians like Wayne Gretzky and Karen Kain.

"Warhol was one of the most influential American artists of the twentieth century," claims Shirley Madill, Director/CEO for the Art Gallery of Greater Victoria. "We invite all Victorians and visitors to view this exciting exhibition.

This is a prime resource for anyone seeking insights into contemporary art and popular culture and we are excited to bring this exhibition to Victoria," said Madill. Exhibit ends Aug. 24.

Fee: Students $10
Info: (250) 384-4101
info@aggv.bc.ca

Althea Thauberger: Chelsea Girls at the Art Gallery of Greater Victoria

All Day

Art Gallery of Greater Victoria, 1040 Moss Street

Using Andy Warhol's 1966 film, Chelsea Girls as a conceptual starting point, Vancouver-based artist Althea Thauberger creates a film collaboration with the residents of a Victoria apartment building.

In Warhol's original work, episodes took place within New York's Chelsea Hotel. Thauberger's homage follows the original in format and construction, but also addresses urgent contemporary themes, inviting the performers themselves to contribute content of political, social, or personal importance.

Chelsea Girls is a commissioned project created especially for the Art Gallery during the artist's residency in Victoria this spring; the project is presented in conjunction with Warhol: Larger Than Life.

Exhibit runs till Sept. 7.

Fee: Students $10
Info: (250) 384-4101
info@aggv.bc.ca

SATURDAY, JUNE 7

Bastion Square Public Market

Every Saturday, 10:30 a.m. - 7 p.m.

This year Bastion Square is alive with street artists, artisans and other vendors seven days a week.

Island Chef Collaborative will also operate their wonderful local fresh produce stall on both Thursdays and Fridays starting in June.

Market ends Oct. 26.

Fee: Free
Info: Jewleana Marens (250) 885-1387

Moss Street Community Market

Every Saturday, 10 a.m. - 2 p.m.

Sir James Douglas Schoolgrounds, at the corner of Moss and Fairfield

This wonderful market operates every Saturday through the summer, rain or shine. Come out and check the great array of fresh produce, art and handicraft.

Market ends Sept. 13.

Fee: Free
Info: (250) 361-1747

James Bay Community Market

Every Saturday, 9 a.m. - 3 p.m.

Corner of Menzies and Superior

At this wonderful Saturday market, just steps away from the Inner Harbour, you will find fresh local produce and flower bouquets; over 50 juried artisans selling beautiful hand crafted jewellery, pottery, unique wood products, toys, photography, paintings, greeting cards, beautiful wildlife paintings on wood, natural luxurious soaps, lotions and bath products; local James Bay honey, delicious homemade pies, scones, jams and other tasty treats!

Market ends Oct. 4.

Fee: Free
Info: (250) 381-5323

46th Annual Oak Bay Tea Party

June 7 - June 8

Willows Beach, Oak Bay

Once again the first weekend in June means only one thing - the Oak Bay Tea Party, so mark your calendars now for this truly special event.

The weekend includes the Mad Hatters Fun Run, the Rick Hansen Wheels in Motion Wheelchair race, the bathtub race, an airshow, the 7th Annual Mayors Floating Teacup Challenge race, and the Victoria Symphony Orchestra.

Fee: Free
Info: Oak Bay Tea Party Society barristerbill@coxtaylor.bc.ca

Weekend Public Tours of The Art Gallery of Greater Victoria

2 p.m., Saturdays and Sundays

Art Gallery of Greater Victoria, 1040 Moss Street

On Saturday and Sunday afternoons throughout the Summer Art Gallery Docents will lead public tours to give insights into current exhibitions.

Tours are one hour and designed for a general Gallery audience.

Fee: Students $10
Info: (250) 384-4101
info@aggv.bc.ca

SATURDAY, JUNE 14

Summer Fair at Heritage Acres

June 14 - June 15, 9 a.m. - 4 p.m.

7321 Lochside Drive

Take a trip out to the Saanich Peninsula for this special Summer Fair at Heritage Acres.

There will be fun for the whole family with food, music, museums, operating steam and gas engines and even model train rides.

Info: (250) 652-5522
heritageacres@shaw.ca

WEDNESDAY, JUNE 18

James Bay Community Picnic

3:30 - 7:30 p.m.

James Bay Community Centre, 140 Oswego Street

The James Bay Community School Centre launches into the summer season with our 8th annual Community Picnic.

Fee: Free
Info: Dana Allen (250) 389-1470
youth@jamesbaycentre.ca

8th Annual Sooke River Bluegrass Festival

June 20 - June 22

Sooke Flats Campground, 2259 Phillips Road, Sooke

This is an acoustic music and family friendly event. Bands featured at this year's festival include: Four Cords of Wood; Prairie Flyer; Clover Point Drifters; Down to the Wood; The Breakmen; Wiseacre, and Just Us; plus our featured new Band.

Performances will begin on Friday evening at 6 p.m. Tickets will be available at the gate only.

Admission: Full Weekend Pass $35, Friday Evening, June 20th $10; Saturday, June 21th $20 ($10 after 6 p.m.); Sunday, June 22th $10. Children 12 and under free.

RV and Camping; Hook-ups are available by reservation. To reserve a spot please email camping@sookecommunity.com or call (250) 642-6076.

There will be lots of room for unserviced tent camping! Each site will be $15 per unit, available on a first come, first served basis. Please note that the gates to the campground will close at 11 p.m.

Fee: $10-$35
Info: (250) 642-3553
daysland@shaw.ca

SATURDAY, JUNE 21

St. Jean Baptiste Celebration at Willows Beach

12 p.m.

Willows Beach Park

Celebrate St. Jean Baptiste Day with Victoria's Francophone community. Live music and entertainment, for families and all ages.

There will be giant games, inflatable bouncing castles, face painters, balloon artists, sand castles and more.

Fee: Free
Info: Sonia Lesage (250) 388-7350
sonia.lesage@francocentre.com

Free Film Screening: Chelsea Girls

7:30 p.m.

Open Space, 510 Fort Street, 2nd Floor

Chelsea Girls is Andy Warhol's most famous self-signed film. Featuring Factory personalities and music by the Velvet Underground, the film takes place at the Chelsea Hotel, and follows the lives of several young women who live there.

Fee: Free
Info: (250) 384-4101
info@aggv.bc.ca

Summer Music Academy and Festival

June 22 - August 16

Alix Goolden Performance Hall, Wood Recital Hall, Beacon Hill Park, and other outdoor venues around Victoria.

Enjoy a series of classical and jazz concerts and recitals celebrating talented young musicians locally and from across Canada.

Also features performances by visiting Canadian professional musicians. Presented by the Victoria Conservatory of Music.

Info: Victoria Conservatory of Music (250) 386-5311

WEDNESDAY, JUNE 25

BC 150: Fort Rodd Hill Welcomes the Tall Ships

7 - 9:30 p.m.

603 Fort Rodd Hill Road (off Ocean Boulevard)

On the evening of June 25 the Tall Ships will be at anchor off Fort Rodd Hill and Fisgard Lighthouse National Historic Sites prior to entering Victoria harbour for the Victoria Tall Ships Festival.

Come and get a first look at these magnificent vessels in the historic Royal Roads anchorage and enjoy a military band concert featuring the Band of the 5th (BC) Field Regiment, Royal Canadian artillery from 7:00 to 8:30 pm.

The sites will remain open until 9:30pm for this special event.

Fee: Adult $3.90, Youth $1.90
Info: (250) 478-5849.

Tall Ships Festival

June 26 - June 29

Inner Harbour

This international event celebrates maritime heritage and the era of sailing ships. View tall ships from around the world and learn all about them and their crew. Also experience Victoria's multicultural mosaic through historical displays and interactive cultural activities.

The American Sail Training Association or ASTA, in conjunction with Canadian and U.S. ports on the Pacific and Atlantic Coasts of North America and in the Great Lakes, organizes the Tall Ships Challenge® Race. The series of sailing races, cruises, crew rallies and maritime festivals promotes traditionally rigged sailing vessels crewed by young people (either civilians or cadets) ages 13 – 25.

Fee: Four day, all event pass $35
Single day pass $15
Info: Victoria Tall Ships Society (250) 384-2005

Maritime Mosaic Festival

June 26 - June 29

Inner Harbour (Fort Street at Wharf Street parking lot)

Held as part of the Tall Ships Festival, Maritime Mosaic Festival features individual historic displays and live interactive cultural activities that demonstrate the contributions made by various cultural groups, each telling their own story.

Fee: Students $8
Info: (250) 385-4222

2008 International JazzFest

June 20 - June 29

This year's JazzFest features acts ranging from the World Reknowned Dave Brubeck Quartet, Jesse Cook and Wynton Marsalis to local favourites Emily Braden, Lambrick Park Jazz Band, Vic High R&B Band and the Esquimalt High Jazz Combo.

Pick up a program guide for further details.

Fee: Varies (Free - $80.50)

VOLUNTEERS

Are you a Good Listener?
Is helping people a rewarding experience for you? A volunteer opportunity waits for you! Open your heart and volunteer with us!

NEED Crisis & information Line. Training starts July 12th.
Next Information Session is:
Thursday, June 12th
6:30-7:30pm
University of Victoria
Student Union Bldg, Room B028
1700 Finnerty

Do you have what it takes be a St. John Ambulance Volunteer? We are now recruiting for the First Aid Brigade and the Therapy Dog program.

Our Volunteer First Aid Brigade is called out to hundreds of events in the Greater Victoria region every year.

Our dedicated members come from all walks of life. What makes them unique is their advanced first aid training and community spirit. If you want to find out more about joining this dynamic group of volunteers call Laurie at 388-5505 X106 at St. John Ambulance.

Therapy Dogs: Do you have a cheerful personality and is your dog well mannered?

St. John Ambulance is recruiting dogs and their owners for our Therapy Dog volunteer program. To find our more call Laurie at St. John Ambulance at 388-5505 X106.

Operation Trackshoes relies solely on the support of volunteers to assist the athletes on the weekend. The number of competitors who can come to Operation Trackshoes depends on how many people volunteer their time to help them participate in their sporting events

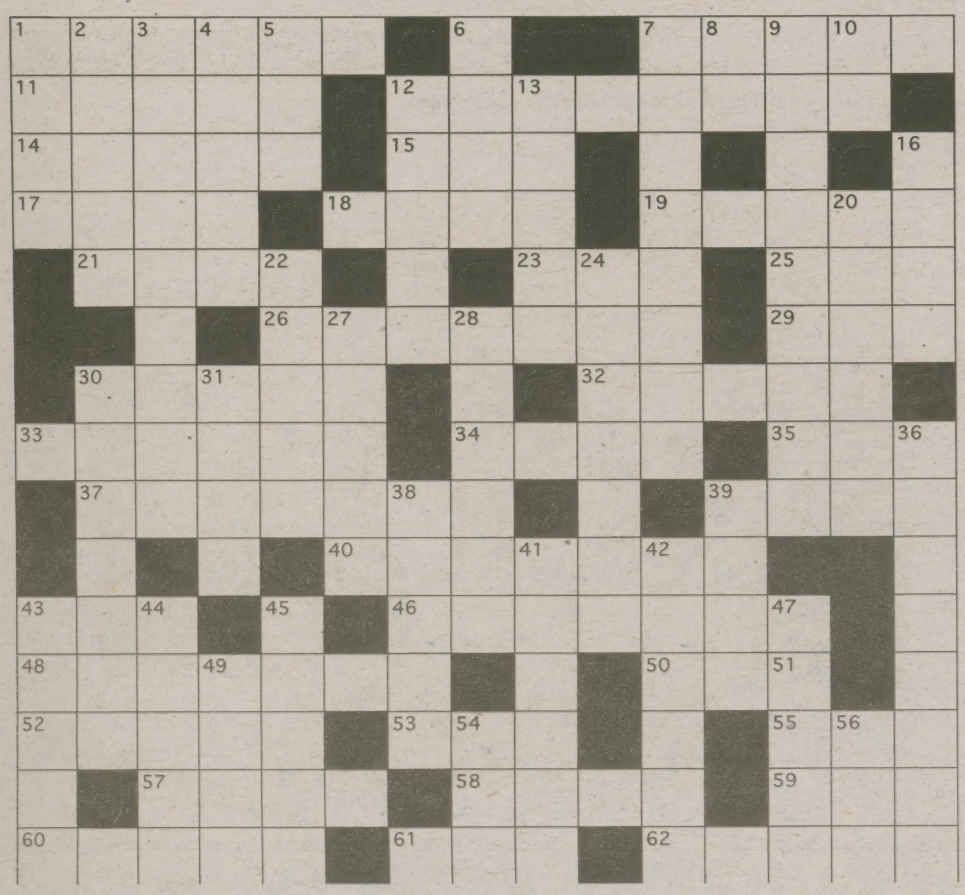
If you would like to see sportsmanship at its best, then volunteer to help these athletes live their dream of coming to Victoria and being a part of Operation Trackshoes.

Call 721-4932 or visit www.trackshoes.ca to find out how you can help.

Volunteers who commit for the whole weekend will be housed with meals provided at no cost.

To submit an event listing or classified, please e-mail promo@martlet.ca

The Martlet Crossword by David Karp



Across

1 UVic president
7 Pesto ingredient
11 Nightlife option
12 Cookies
14 Transformers star Fox
15 Often goes with an ooh
17 Purple monster from YTV's The Zone
18 Army necessity
19 Energize
21 Express affection
23 Katie Couric's news network
25 Environmental prefix
26 Sex on the go
29 Palestine's military (abbrev.)
30 Shake 'n Bake flavour
32 Country on Mediterranean Sea
33 Replenish bullets
34 Goo Goo Dolls hit from 1996
35 Oinker
37 Nobel Prize-winning poet (initials & surname)
39 Bubbly chocolate bar
40 Wizard of Oz protagonist
43 Valuable rock
46 Breezes
48 Steal
50 Moray or electric
52 Small peninsulas or islands
53 Aykroyd or Rather
55 Irish terrorist organization (abbrev.)
57 Furniture retailer
58 Advocacy group supported by Pamela Anderson (abbrev.)
59 Karaoke necessity
60 American rapper Elliott
61 Tire retailer Schwab
62 Form of dead cow

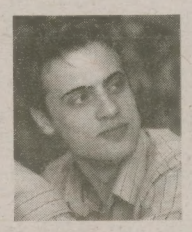
Down

1 Actor Arnold and singer Jones
2 Flip
3 Tournament before nationals
4 Aircraft maker _____ & Whitney
5 James Bond creator Fleming
6 Thailand, formerly
7 Barbecue sauce brand
8 Computer thought (abbrev.)
9 Olden-day kitchen essential
10 Form of "be"
12 Famous doe
13 Partners with awe
16 Water buffalo
20 Cream pastry
22 Having the same status
24 Reddish-gray metal
27 Took back
28 Core
30 _____ paribus
31 Matt LeBlanc character
36 American heavy metal band
38 Bled
39 Water divided from ocean by thin strip of land
41 Comments
42 Lion King villians
43 Poppy drug
44 Former UVic basketball guard Brandon _____
45 CFL quarterback Printers
47 Goo
49 Albanian currencies
54 Orangutan or gorilla
56 Drowned river valley

www.martlet.ca

For puzzle answers, visit our website, or pick up the Sept. 20 issue of the Martlet

LOOK-ALIKES



Former Editor-in-Chief, David Karp

Pop sensation, Mika

martlet

>> Come join us!

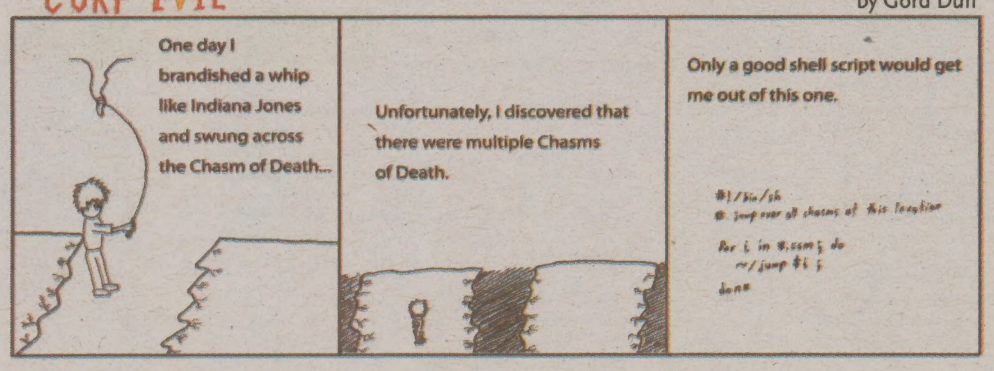
Want to work at the Martlet?

We want to see your stuff during the summer months. Come write, take photos, copy edit and contribute graphics. We use these months to determine potential staff for our fall publication schedule. E-mail edit@martlet.ca for an assignment.

Comics

CORP EVIL

by Gord Duff

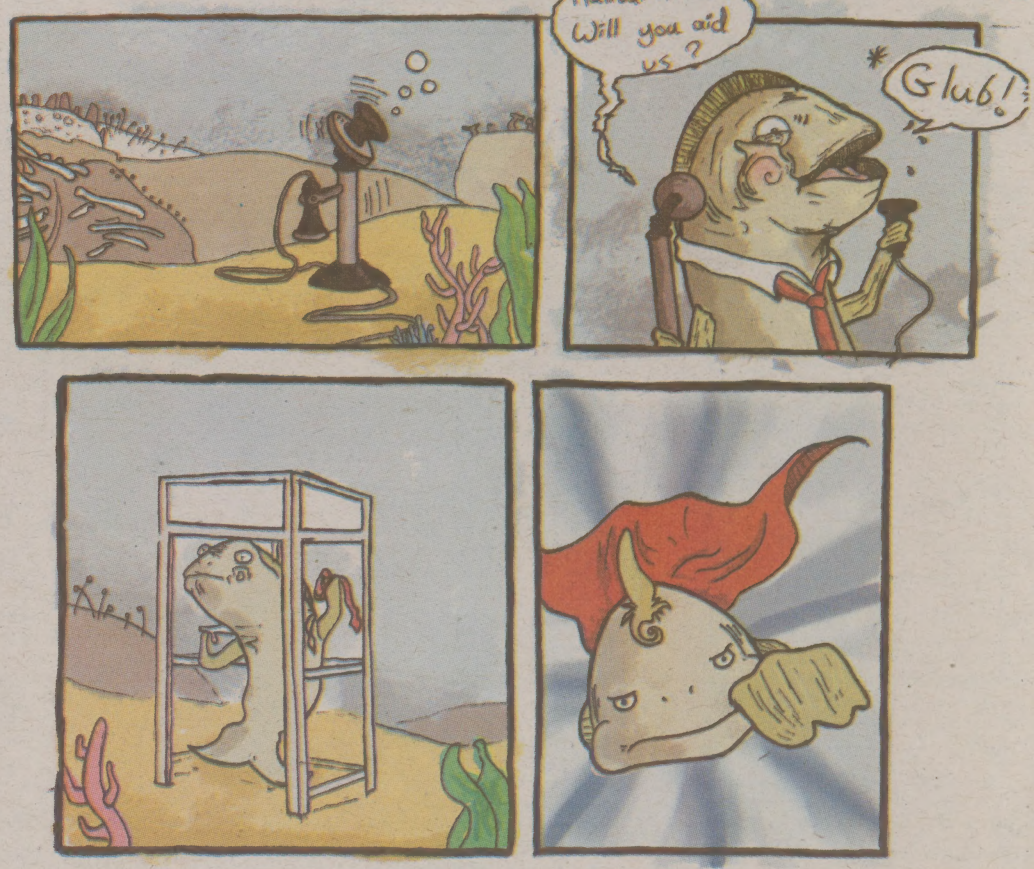

One day I brandished a whip like Indiana Jones and swung across the Chasm of Death...
Unfortunately, I discovered that there were multiple Chasms of Death.
Only a good shell script would get me out of this one.
#!/bin/sh
# jump over all chasms of this location
for i in *.csm; do
./jump $i ;
done

FELIX AND MIA

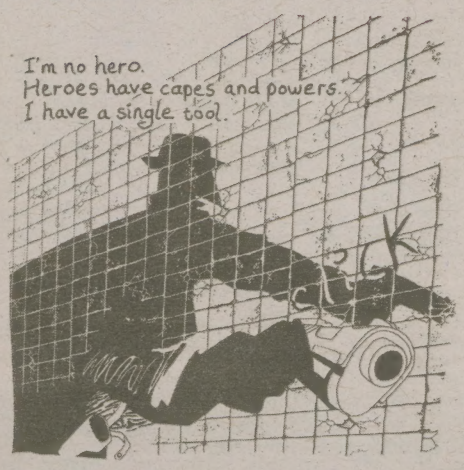
by Liz Snell

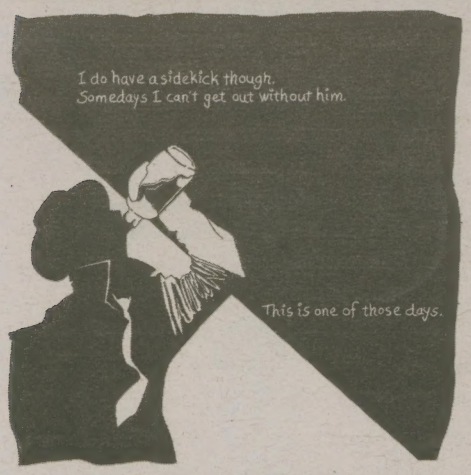
LIFE OUTSIDE THE LIBRARY
STACKS, NOW THAT YOU'RE PART OF A SOCIAL GROUP, YOU'RE READY TO TRY A BASIC INTERACTION: MAKING SMALL TALK!
OOH—I'M GOOD AT TALKING SMALL!
YOU CAN'T MEET ANYONE WITHOUT SMALL TALK. AN APPROPRIATE GREETING IS EITHER, "HOW ARE YOU?" OR, "HOW'S IT GOING?" NOW, I'LL ASK YOU AND YOU TRY REPLYING.
HEY STACKS — HOW ARE YOU?
WELL, I'M REALLY HAVING A DIFFICULT TIME RIGHT NOW, ADJUSTING TO MY NEW LIFE. I'M FEELING PRETTY SAD, I GUESS.
NO, NO, NO! DON'T TELL THE TRUTH!

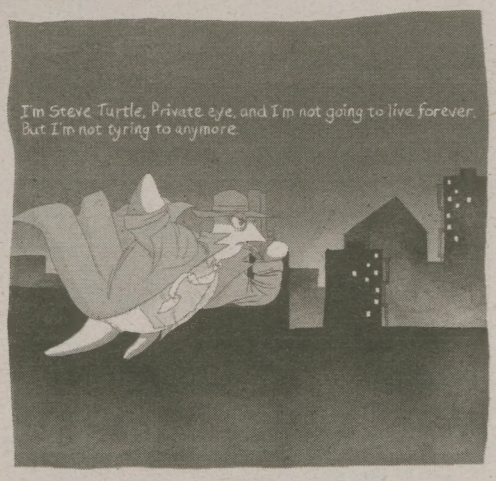
and now...

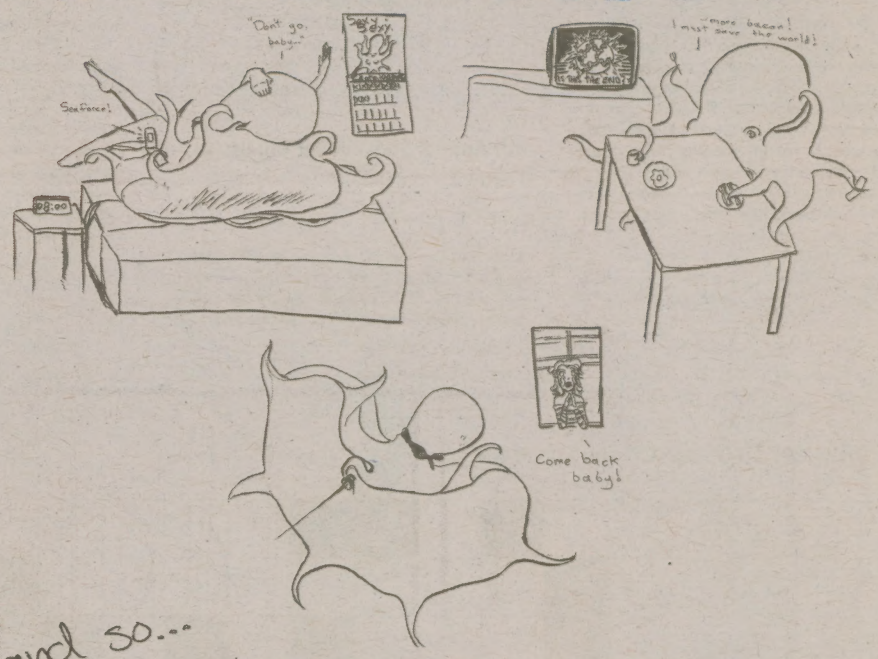


Meanwhile...
They say shit falls down. In that case, I must be right at the bottom. I'd believe that.
Alright
But after this we're even.

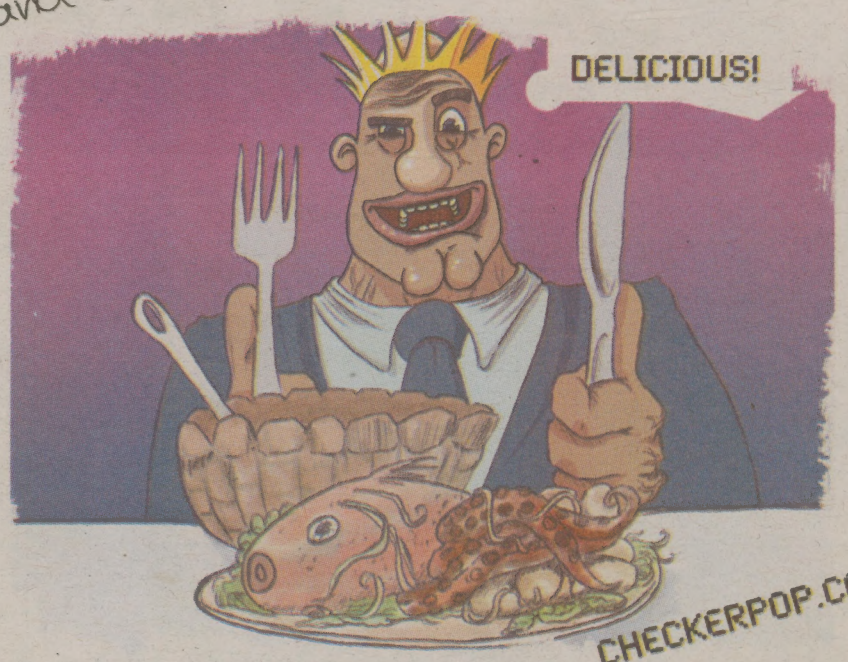








and so...



Next to recieve the call is BLOWHARDY the puffy Puffel with a Deadly Sting!
Will BLOW HARDY heed the heroes call once more?
...Yeah, that's not freakin' happening.

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